



Avenidas  
Village

# VOICE

AVENIDAS VILLAGE

450 Bryant Street

Palo Alto, CA 94301

(650) 289-5405

[www.avenidasvillage.org](http://www.avenidasvillage.org)

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## Avenidas Village Advisory Council—Annual Call for Nominations

Have you ever wondered how Avenidas Village programs and activities are determined? You can become a part of that process by serving on the Village Advisory Council! The Advisory Council provides leadership and guidance to the Village. All of our initiatives, including programs and activities, originate with the Council. It is a working body whose members chair or serve on the various Village committees and task forces. Belonging to the Council provides members with a broad overview of the full range of Village activities and with a significant opportunity to impact the program.

Annually, we call for nominations for new Council members who can help to provide direction and support to the Village program. Nominations for membership in the Advisory Council are due on May 15th for a two-year term beginning July 1. We have included the nomination form with this newsletter, so please consider volunteering (nominating yourself) or nominating another member to serve. **We invite each of you to step forward and join us in charting and creating our future development. Take the opportunity to share your ideas for the Village and help bring them to life!**

## What's Going on in Your Neighborhood? Village Cluster Activities bring Neighbors Together

With Village membership now at 350 and still growing, Neighborhood Clusters connect members who live near each other. This spring we have seen many clusters enjoy gatherings at someone's home where they can chat in person and build their friendships. Read on for details of what's going on in our various Clusters.

**Cluster 1 (Los Altos)** - After "incubating" for a few months meeting jointly with Cluster 2S, Cluster 1 started their own monthly Zoom meetings in January. *In April, 14 members, many who are new to the Village, met in Kris and Bob Stanfield's yard for a "BYOB & Appetizer" Party. What fun it was to meet folks we had only visited with on Zoom for the past year! The appetizer offerings were amazing; I doubt that anyone bothered with dinner after our party! The weather couldn't have been more perfect! We came together as "sort-of-familiar" people, and departed as friends. We look forward to our next get-together in May.—Kris Stanfield, Co-Lead*



### **Cluster 2S (South Palo Alto/Mountain View)**

- After meeting faithfully every month on Zoom, this group has now met in person a couple of times. Most recently in April, 11 villagers from the cluster met at the home of Debbie Rosenberg and tried "Improv", led by teacher Carolyn Kwiatek (shown center in photo). In their meetings, whatever topics are discussed, time is always taken for members to check in with one another to see if anyone needs help that someone in the group can provide.

*(continued on p. 2)*

## Neighborhood Cluster Activities *(continued from Front Page)*

**Cluster 2N (Barron Park/Charleston Meadows)** - In January, Marcie Brown volunteered as Cluster Lead and has been helping the group get more connected. She started with phone calling to meet everyone, then surveyed members to learn what activities they might enjoy. In March they got together in person for the first time since 2019! *Our gathering for tea & cookies at the home of Pat & Tom Sanders on March 30 was a big success. About 15 Cluster members came. Erika was there as well as Dick Smallwood & Chuck Sieloff who spoke about the Village movement and our Village.*— Marcie Brown



**Cluster 3, 4 & 5 ("East Village Super Cluster")** - Cluster 5 Lead Ken Tucker reports: *Clusters 3, 4, and 5 have been meeting together via Zoom, during the various COVID waves. Typical attendance has been 10-20 villagers, with attendees dividing roughly equally among the three clusters. We would like to have more members join us, but we have formed friendships over a wider area; we think of our expanded group as a "Super Cluster" or as the "East Village People". Topics have been suggested as meeting themes, but usually someone makes an observation that leads to interesting conversations in an entirely different direction. Last month we discussed our feelings/opinions of the pandemic status and how/when we might meet in person. June Schiller volunteered to host a backyard gathering in April, but inertia and concerns about the BA2 variant have moved our goal to the May or June meeting.*

**Cluster 6 (Downtown North/University South)** This group has been meeting in-person monthly since February! They enjoy inviting guest speakers—most recently they invited Kay Shanda, Environmental Outreach Coordinator, Greenwaste of Palo Alto to review how/where to properly dispose of various waste materials. A special activity of Cluster 6 is their Movie Discussion group which takes place monthly in addition to the regular cluster meetings.

**Cluster 7 (Old Palo Alto/College Terrace)** - A role model for Clusters, Cluster 7 has maintained a regular schedule of 3 weekly meetings on Zoom plus one in-person outdoor potluck gathering per month, weather permitting! Their model gives everyone a way of staying connected however they feel most comfortable. At each meeting they share information on topics of interest ranging from future planning (whether to move, how to sell your home), community resources (classes, food delivery, various types of services) - plus they enjoy sharing fun conversation, games, jokes and cartoons.

**Cluster 8 (Menlo Park, Atherton, Woodside, Portola Valley)** *We have a core of happy active members who participate in many monthly functions and may get together as small impromptu groups at other times. Other members are less active, but we check in with them from time to time by phone to keep them connected. We continue to have monthly meetings, usually on the 3rd Thursday of the month: we had luncheons in December at LaBoheme and in March at Mama Coco's. Each had about 10 members. We had Zoom meetings in January (a general discussion and introduction of members) and one in February called "Celebrate the Arts" in which members shared a work they created (paintings, photos, writings, knitting) or items they have collected.* - Alice Kozar & Marita O'Reilly, Co-Leads (Photo features 3 newer Cluster 8 members at Chef Chu's, April 2022)



**Cluster 9 (Stanford)** - Meeting faithfully each month on Zoom, Stanford Cluster has hosted a few in-person gatherings in recent months. *In March, Cluster 9 had a joyful celebration to honor several members' birthdays. We had 17 attendees including two 11 year old guests who played an active role in decorating the patio deck with streamers, balloons and HAPPY BIRTHDAY messaging. Both girls are current ballet students and they performed a short piece from Swan Lake thanks to ALEXA, who played the music and also sang Happy Birthday. The intergenerational aspect was appreciated, and the attendees were generous with their gifts of food and wine. The weather was kind to us and a good time was had by all.*—Janet Constantinou, Co-Lead



## Meet New Vendors! 3 New Vendors added to our Screened List



Complete Carpet & Upholstery has been offering the very best in-home services for more than 20 years. Started by his grandfather in 1990, owner David Mercurio now carries on the proud tradition of local, superior service to valued customers in San Mateo County and beyond. Our local company has the knowledge, tools, and experience to work with almost any type of carpet or upholstery, and save you more money and time in the process. Our mobile technicians travel anywhere within our service area to offer you a long-lasting spotless clean that competitors just can match. Services include carpet/upholstery cleaning, tile & grout cleaning, carpet repair, installation and water damage repair. **Avenidas Village members receive a 10% discount. Contact: (650) 591-1599 [completecarpets@yahoo.com](mailto:completecarpets@yahoo.com)**

### Don't feel like cooking? Try Dinnerbell Meal Delivery Service!

Home delivery of heat & serve meals prepared fresh daily based on orders received by midnight the night before. We aim to use the freshest local ingredients in our dishes that feature updated American classics like tender roasted chicken, cedar plank salmon, smoky beef



brisket, crispy smashed potatoes, fresh garden salad, our signature Parker House rolls and gooey chocolate brownies. Our dishes are delivered ready to heat in re-usable insulated bags with ice packs. Our website is available for ordering 24x7. We provide phone, email and text support. **Use the coupon code VILLAGE to receive \$20 off your first order.**

**Website: [www.dinnerbell.com](http://www.dinnerbell.com)**



**Back in Form** offers a variety of Fitness, Wellness, Post-Rehab and Health Educational services. Our programs facilitate a supportive and encouraging workout environment in which our clients achieve their goals with ease. Since 1996 our trainers and health-educators have helped many clients to make positive and lasting life-style changes making a great difference in the quality of their lives. Services include: In-home personal fitness training, in-home therapeutic exercise & post-rehab training, Frail-to-Fit program, massage, and nutritional counseling.

**Avenidas Village members receive a 10% discount. Contact: (408) 455-2887 Website: [www.backinform.com](http://www.backinform.com)**

## Vendor Committee Updates by Judy Goodnow

The Avenidas Village vendor list has been revised, refreshed, and revitalized! The Vendor Committee, with the help of several Village member volunteers, contacted each vendor to make sure their information is up-to-date. The online vendor directory has been updated with any changes we learned about. It was also a chance to remind our vendors about the Village!

We hope you will use the vendor list when you need help with some task. Be sure to leave a review to help the next village member. We think the list is a group of outstanding companies and individuals who can help with many different jobs.

Contact the Village office to recommend new vendors, when you find someone you like. We are always looking for new vendors to add to the list. Going forward, we will highlight some of these outstanding vendors!

## Geriatric Healthcare Interest Group: Next Steps by Chuck Sieloff

After Dr. Louise Aronson's excellent Vistas presentation last October on geriatric healthcare issues, there was an upsurge of interest among Village members in continuing to explore a topic which affects so many of us personally, and a new discussion group quickly formed. Bob Shaw stepped up to do an excellent job of coordinating bi-weekly Zoom sessions for those who wanted to continue the conversation, but Bob is no longer able to continue as facilitator, and the reduced level of participation in our recent Zoom sessions raised some questions about the future direction of this new "special interest group".

We invited the nearly 40 members on the geriatric healthcare email list to participate in a survey aimed at clarifying what the future direction of the group should be. Over 50% responded, which may sound low to some, but is considered very successful by those who conduct lots of surveys.

When asked what the primary purpose of the group should be, there was a strong preference for **"Educate ourselves and other Village members about healthcare issues"**. There was also significant interest in **"Advocating for improvements to geriatric healthcare"**, while **"Sharing our personal experiences with the healthcare system"** was clearly the lowest priority. In light of this result, our now monthly Zoom meetings will focus on specific topics of concern rather than informal personal sharing. Depending on the topic, each session could include a combination of learning from each other's experiences and drawing on external resources and expertise including guest presenters on specific topics. We also need to find a way to share what we learn with our broader Village community (including future members). This might include some combination of a written summary, pointers to external resources or helpful information, and perhaps short Zoom recordings.

The survey also included a list of thirteen suggested topics that people might want to see addressed. Nearly 90% wanted to learn more about California's Death with Dignity process, while 70-80% also selected "options for in-home care and assistance", "the role of a fiduciary", and "members' personal experiences with geriatric specialists". Other scores varied across a wide range, but only one topic scored lower than 40%, suggesting that most of the topics would be useful for a large segment of our audience. **We envision this group as an opportunity to obtain and share information on a wide range of practical issues around healthy aging and planning for future needs, which are relevant to all of us.**

Regarding the all-important question about who might be willing to put some personal time and effort into this program, eight people indicated at least a tentative interest in helping. I will be consulting with them as a group to explore possible next steps. Sharing the responsibility of planning and facilitating among a small team is ideal so that no one person feels undue pressure to keep the group going.

If you would like to be kept informed about the activities of this important group, please ask Dawn to add your name to the "Geriatric Healthcare" email distribution list. If you would like to see a more detailed report on the results of the survey, please email me directly at [chuck.sieloff@gmail.com](mailto:chuck.sieloff@gmail.com). **We hope you will join us and help the group take shape as a powerful educational tool for the Village.**

## Building the Village Program by Dick Smallwood

One of the Village's most significant accomplishments over the last few years has been the expansion of its program. By "program" I mean the set of services and activities that it offers to Village members. So here's an interesting question: "How should the Village decide on the elements of its program?"

One way is to just try a lot of possible programs and see what ones are used by Village members. This is the approach we are currently using and it works pretty well, but it does have the problem that trying out programs is expensive and takes a lot of time.

At this point, you're probably saying, "Well, why not just ask everyone what they want in the program?" "Hey! Great idea!!" That's what we have done in the past, and it works quite well. Our Current Events Discussion Group, Village Walkers, and the Vistas Lectures are in the current program because they were highly rated in past surveys.

So my proposal is to use both strategies: Let interested Village members start new activities and services with support from the Village when they are successful. But at the same time, let's use occasional surveys to discover program elements that are potentially successful, but not proposed by current Village members.

This latter strategy requires the use of surveys to measure the level of interest Village members have in specific activities or programs. It is important that we all take the time to respond to the occasional Village survey. Those of us creating a survey try very hard to keep each survey very short and easy to use. The resulting data gives us the information we need to create an improved and responsive Village program.

Working together we can build a Village program that works for everyone!

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## Village Intergenerational Task Force

In Fall 2021, the question was raised: Should Avenidas Village be more actively pursuing intergenerational activities? A 4-member task force was formed to consider this question and look into possible opportunities for members. Villagers Eileen Ruppel, Barbara Carlitz, Marcie Brown and Debbie Clark volunteered their time to research existing intergenerational organizations and programs in the community as well as conducting a survey of Villagers to learn what might interest them or what they might already be doing in this area.

The group discovered there are lots of opportunities for involvement in intergenerational activities. Some right within Avenidas Village. Many members have participated in tutoring, mentoring, getting help from others, and financially supporting students and others in our community. Examples would be tutoring or supporting students at Eastside Prep, or the language coaching non-profit recently introduced by Guadalupe Valdes to support immigrant workers. Avenidas also has occasional intergenerational activities at the center at 450 Bryant Street, as well as its ELP tutoring program for local primary school students (less active during the pandemic).

Our survey of the Village members indicated that at this time we don't need to start a Village-specific intergenerational program as there are so many already available in the community. Instead, we have compiled a resource page of opportunities to make it easy for you to get involved if you wish. This page will be posted on our website and also distributed by email to all members.

We will be spotlighting some of the work being done in future newsletters. We may also find and promote occasional activities that members might want to participate in, such as the upcoming glassblowing demo with Paly High School Students (see May Events on p.10 for details). In the meantime, feel free to share your ideas, activities and interests within your cluster and with other Village Members. Our job as a temporary task force is complete. We explored interest among members and identified programs. We have passed our learnings along.



## ICYMI: Village Events & Activities in March

### Lunch Bunch at the Fish Market, March 8th and 23rd



**March 8th (not pictured):** Kate Mouton, Kathleen Gordon, Chris Holt, Bruce & Ellie Heister, Arlene Klainer, Chuck Sieloff, Nadine O'Leary, Dick Smallwood, Len & Sandy Weiss, Kayleen Miller, Peggy McCurdy, Alice Kozar

**March 23rd (left):** Shelley Hatfield, Ralph Cahn, Jacques & Mary Fossourier, Jane Zuckert, Tom Reese, Barbara Franklin, Renie Quinn, Ginny Turner, Barbara Carlitz, Cindy Patrick

### Hakone Gardens, March 15th



**Left:** Drew Oman, Eileen Ruppel, Ed Haertel, Diane Posnak, Dolores & Larry Thompson, Jacques & Mary Fossourier, Larry

**Right:** Sandy Davis, Marita O'Reilly, Eileen Ruppel, Kayleen Miller, Nancy Tune, Gretchen & Ed Hillard, Janet Constantinou (photo by Chuck Sieloff)

### Village Lite Hikes, March 1st



### Shredding Event sponsored by Nancy Goldcamp, March 30th



Nancy Goldcamp hosted a document shredding session at Covenant Presbyterian Church for the Village! 60 Villagers and guests happily watched their old documents get securely destroyed.





## ICYMI, Continued: Village Events & Activities in April

### Lunch Bunch at Shoreline Lake, April 6th & 12th



**April 6th (not pictured):** Larry Phelan, Diana Collins, Chuck Sieloff, Richard Johnsson, Nadine O'Leary, Barbara Franklin, Bente Palouda, Jane Zuckert, Kate Mouton, Gee-Gee Lenhart

**April 12th (above):** Alice Kozar, Marita O'Reilly, Marty Rayl, Len & Sandy Weiss, Arlene Klainer, Kayleen Miller, Jacques & Mary Fossourier, Ginny Turner, Chris Holt

### The Foster Museum, April 14th



**Attended by:** Chuck Sieloff, Nadine O'Leary, Penelope Bowen, Ralph Cahn, Kathleen Gordon, Barbara Carlitz



### Phone Foto-Fun Group At Stanford Mall



Marita O'Reilly, Barbara Carlitz, Lynne Stietzel, Chuck Sieloff, Chris Holt, Carol Kenyon, Bill Courington and Nadine O'Leary joined Alice Kozar at Stanford Mall to practice their photo skills.

*Photo by Alice Kozar*

### Village Walkers at Stanford, April 20th



21 Village Walkers gathered on Stanford Campus for a beautiful Spring walk!

*Photo by Chuck Sieloff*

## Vistas Lecture Series—Join our May & June Webinars!

### May 27 Vistas: “Digital Security Threats and How to I.D. Fake E-mails” with Eric Gee and AnewVista Staff

Did you know that 4 companies get hacked every minute?  
Did you know that 98% of all computer viruses come from e-mail?

In this discussion we talk about the digital security landscape as well as what we can do to protect ourselves.

*Eric Gee is the founder of AnewVista, a company specializing in tech support and education for seniors by offering individual assistance and online classes. His team members Vada Dean and Shalini Gupta will also contribute to the session.*

***\*This Vistas presentation is open to guests—please feel free to invite friends who may be interested in joining the Village!***

**Friday, May 27th at 11:30 AM on ZOOM—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**



### June 24 Vistas: “Decline of Empires” with Villager Scott Pearson

Drawn from a series of his essays on 12 ancient empires, Scott argues that empires first eroded internally and only later suffered external invasions. Four causes of internal erosion are illustrated -- religious excesses (Dynastic Egypt), succession crises (Roman Empire), peasant rebellions (China's Han Dynasty), and fruitless expansions (India's Mughal Empire).

*Villager Scott Pearson taught economic development and international trade in the Food Research Institute. Pearson came to Stanford in 1968 and was promoted to Associate Professor with tenure in 1974 and to Professor in 1980. He served as the Food Research Institute's Associate Director (1977-1984) and Director (1992-1996). Pearson became Professor Emeritus in 2002. In retirement, Pearson has lectured on 67 travel/study programs for the Stanford Alumni Association and 121 educational travel trips in total, visiting all seven continents.*

**Friday, June 24th at 11:00 AM on ZOOM—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

### Congratulations to our March-April Contest Winner, Peggy McCurdy!

In our last newsletter we encouraged everyone to add their biographical information to their listing in the online Member Directory and possibly win a prize! Several members did so, and Peggy was randomly chosen as our contest winner! She will receive a gift from the Village.

***You could be the next winner!** Just go to your listing in the Member Directory and add a little information about yourself in the “Bio” section. We will randomly select someone who does this to win the next prize! If you need help or are not sure how to access the Member Directory, please email Dawn at [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)*



## Member Birthdays—May

Charles Botsford	5/1	Candace Simpson	5/13	Irene Plattner Cannon	5/23
Ted Carlstrom	5/1	Courtney Bryant	5/14	John Huntzinger	5/23
Bente Palouda	5/1	Alexander Florence	5/14	Jacques Fossourier	5/26
Marianne Ida	5/4	Katie Dunlap	5/16	Yvonne Lenbergs	5/26
Rick Peterson	5/5	Gretchen Hillard	5/16	Eileen Ruppel	5/26
Betsy Fryberger	5/7	William Agras	5/17	Lu Isaacs	5/17
Anna Parks	5/8	Kaye Crawford	5/17	Charles Holloway	5/28
Lynne Stietzel	5/8	Bernard Gifford	5/18	Wally McMillan	5/28
Roslyn Bienenstock	5/10	Enid Davis	5/19	Lyn Christenson	5/29
John Couch	5/10	Shelley Hatfield	5/22		

## Member Birthdays—June

Brigid Barton	6/1	Henry (Ed) Karrer	6/6	Gail Sredanovic	6/15
Sara Botsford	6/1	Joe Rolfe	6/9	Judy Goodnow	6/16
Sylvia Jeans	6/1	Bob Herriot	6/10	Dody Lee	6/18
Terry Moore	6/1	Adelle Rosenzweig	6/10	Bruce Ackermann	6/20
Narayanan Ramasamy	6/1	Gary Ruppel	6/10	Gee-Gee Lenhart	6/21
Rob Robinson	6/1	Gerry Gilchrist	6/11	Elizabeth Wolf	6/23
Susan Gould	6/2	Sandy Weiss	6/11	Elizabeth Lyon	6/24
Donna Silverberg	6/2	Fran Perry	6/12	Susan Owicki	6/24
Margaret Weil	6/2	Molly Agras	6/13	Jack Owicki	6/25
William Gould	6/4	Ginny Turner	6/13	Lowell Price	6/25
Mary Schaefer	6/4	Lorrie Walton	6/14	Jack Thomas	6/27
				Patty Huggins	6/28
				Molly Meschke	6/29

## Welcome New Members!

***For more detail on new and long-term members, log into the Village members' website and access the member directory. Many members have added their personal information and photos so you can learn more about them! If you have not yet added your own bio and photo, please do so, or contact the Village office for assistance.***

### Welcome to...

Larry & Lyn Christenson (Cluster 1)  
 Judi Keyani (Cluster 1)  
 Ann Rando (Cluster 1)  
 John Mitchell & Anita Mitchell-Duisberg (Cluster 2N)  
 Dick & Paulette Henning (Cluster 2S)  
 Carolyn Kwiatek (Cluster 2S)  
 Jon Barkhurst & Gloria Mason (Cluster 3)  
 Terry Moore (Cluster 4)  
 Jack & Susan Owicki (Cluster 4)  
 Shelley Hatfield (Cluster 6)  
 Lynette Skelton (Cluster 7)  
 Grace Griffiths (Cluster 8)

### Reason for Joining

Social connections, future planning  
 Social connections, vendor list  
 Resources, future planning  
 Social connections and activities  
 Vendor list & resources  
 Social activities, future planning  
 Vendor list, future planning  
 Social connections, resources  
 Future planning & social events  
 Social connections, resources  
 Resources, future planning  
 Social connections, future planning

***In Memoriam: Edith Moore 3/22 \* Mary Ann Kvenvolden 3/22***

**Friday, May 6 at 4:00 PM**

**Friday Happy Hour Social on Zoom**

*Pour a glass of wine or a cup of tea and toast your Village friends! Enjoy an hour of relaxed, casual conversation and perhaps a thought-provoking question or two. Afterward, members may gather at a local "watering hole" for in-person Happy Hour!*

**FREE—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

**Monday, May 9 & Monday, May 23 at 10:00 AM**

**Guided Meditation on Zoom led by Sabrina Huang**

*Join Sabrina for a 30 min guided meditation session. Relax and de-stress!*

**FREE—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

**Tuesday, May 10 at 4:30 PM**

**IN-PERSON EVENT: Glassblowing Demo by Paly High School Students**

*Paly sculpture students will present a live demonstration and discussion of glassblowing in their outdoor studio! Brought to you by the Village Intergenerational Task Force. 50 Embarcadero Rd, Palo Alto*

**FREE—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

**Thursday, May 12 & Tuesday, May 24 at 11:45 AM (Please choose ONE date)**

**IN-PERSON EVENT—Special Lunch Bunch Greek Celebration at Taverna**

*Authentic interpretations of carefully procured local and imported ingredients that emulate the flavors, nutrients and comfort of a village in Greece. Served Family Style. 800 Emerson Street, Palo Alto*

**\$78/person, cash only please! Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

**Monday, May 16 at 2:00 PM**

**Village Website Tutorial on Zoom**

*If you have never logged in to the website this tutorial is for you! Learn all you can do with the Village online!*

**FREE—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

**Tuesday, May 17 at 10 AM**

**IN-PERSON EVENT: Palo Alto Art Center Tour**

*View the current exhibit "Creative Attention: Art and Community Restoration" plus enjoy a tour of the Childrens' Fine Art Wing given By Villager Kathleen Gordon 1313 Newell Road, Palo Alto*

**FREE—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

**Wednesday, May 18 at 11:00 AM**

**Zoom Special Presentation "Flora and Fauna: The History of Liberty Hall's Gardens" by Liberty Hall Museum, New Jersey**

*Take a virtual tour of the 23-acre Liberty Hall Gardens and discover the secrets behind how they were planned, who and what influenced their design, and how we work to keep them pristine today! FREE—*

**Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

**Friday, May 20 at 3:00 PM**

**IN-PERSON EVENT: Pot Luck Happy Hour on the Village Patio at Bryant Street!**

*Bring a snack or drink to share and enjoy an outdoor spring social with your Village friends!*

*Avenidas, 450 Bryant Street, Palo Alto*

**FREE—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

**Monday, May 23 at 10:00 AM**

**IN-PERSON EVENT: Group Cooking Class at Tastebuds Kitchen**

*Pique your culinary curiosity with a private cooking class. No prior cooking experience needed – just come ready for a good time! 2 hour session includes meal prep & lunch. 2775 Middlefield Rd, Palo Alto*

**\$71/Person—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**

**Friday, May 27 at 11:30 AM**

**Vistas Lecture Series—Zoom Webinar: "Digital Security Threats and How to Identify Fake e-mails" with Eric Gee of AnewVista and Staff (Details p. 6)**

**FREE—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)**



**Please Note: Registration is Required for all In-Person Events****Friday, June 3 & Friday, June 17 at 4:00 PM****Friday Happy Hour Social on Zoom**

*Pour a glass of wine or a cup of tea and toast your Village friends! Enjoy an hour of relaxed, casual conversation and perhaps a thought-provoking question or two. Afterward, members may gather at a local "watering hole" for in-person Happy Hour!*

**FREE—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)****Thursday, June 9 & Tuesday, June 28 at 11:45 AM (please choose ONE date)****IN-PERSON EVENT: Lunch Bunch at Rossotti's Alpine Inn, Portola Valley**

*Enjoy delicious burgers, salads and more in the beer garden on the banks of Los Trancos Creek. View menu: <https://www.alpineinnpv.com/>*

*3915 Alpine Road, Portola Valley*

**Individual order and pay—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)****Monday, June 13 & Monday, June 27 at 10 AM****Guided Meditation on Zoom led by Sabrina Huang**

*Join Sabrina for a 30 min guided meditation session. Relax and de-stress!*

**FREE—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)****Sunday, June 12 at 2:00 PM****IN-PERSON EVENT: Palo Alto Players "12th Night" Sunday Matinee**

*Orsino loves Olivia; Olivia loves Viola (whom she thinks is a boy). Viola loves Orsino (who doesn't know she's a girl). Malvolio loves being in love; and Sir Andrew, Toby Belch, and Maria love life to its fullest. It's all rollicking confusion, but these hilarious characters do, at last, find love where they least expect it.*

*Lucie Stern Theatre, 1305 Middlefield Rd, Palo Alto*

**\$40/Person—Register online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)****Wednesday, June 15 at 1:00 PM****Zoom Special Presentation: "Ford's Theatre Virtual Tour"**

*Experience a virtual tour of Ford's Theatre and Civil War Washington. Explore the assassination of President Lincoln and consider his legacy in this interactive program which will feature historical and contemporary images.*

**FREE—Register Online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)****Wednesday, June 22 at 11:00 AM****Village Website Tutorial on Zoom**

*If you have never logged in to the Village website this tutorial is for you! Learn all you can do online!*

**FREE—Register Online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)****Friday, June 24 at 11:00 AM****Vistas Lecture Series—Zoom Webinar: "Decline of Empires" with Villager Scott Pearson (Details p. 6)****FREE—Register Online or email [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org)****Avenidas Village Special Interest Groups**

***For details on all of our currently active Interest Groups,  
please visit our online listing:***

**<https://avenidas.helpfulvillage.com/pages/10048>**



Avenidas  
Village

450 Bryant Street  
Palo Alto, CA 94301  
(650) 289-5405

[www.avenidasvillage.org](http://www.avenidasvillage.org)

Erika Thomas, Director  
[ethomas@avenidas.org](mailto:ethomas@avenidas.org)

Dawn Greenblat, Member  
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Village  
Office  
Closed

Monday,  
May 30  
Memorial  
Day

## Porta-Vaults are Back! Limited Quantity Available

What is a Porta-Vault, you ask?

It's a waterproof portfolio for conveniently storing and organizing all your important documents in one place!

Have you sometimes thought to yourself it would be a good idea to get organized so you know where all those documents are when you or someone else might need to access them? The Porta-Vault is a handy solution for many people. Features include:

- 60 pre-printed labels listing important documents
- Guidelines for strong vital records
- Storage for hundreds of pages of documents
- Disaster planning guidelines
- 30 acid-free record protectors
- Slip-out binder for easy use
- Pouch for storing cash, keys, jump drives
- Storage for 4 CDs/DVDs
- Handle and shoulder strap for easy carrying
- Water-resistant cover
- Glow-in-the-dark identification ring



Longer term Villagers will remember when the Village acquired a large number of Porta-Vaults which were made available to members to buy at the discount price of \$25 (retail price \$70). They were quite popular but we had only a limited supply as the company went out of business. We thought they had all been sold by the end of 2018, but a remaining lot of 50 Porta-Vaults was just discovered in storage. So we are now making them available to any member who wishes to purchase one, at the same price of \$25.

These last 50 Porta-Vaults are available now, first come first serve. To purchase, call the Village office (650) 289-5405 or email Dawn at [dgreenblat@avenidas.org](mailto:dgreenblat@avenidas.org).