



Avenidas
Village

VOICE

AVENIDAS VILLAGE

450 Bryant Street

Palo Alto, CA 94301

(650) 289-5405

www.avenidasvillage.org

March-April 2022

New Special Interest Groups! Phone “Foto-Fun” & Village Book Club

Phone “Foto-fun”: Learn to take great photos on your phone! Did you know that we are all photographers? If your phone has a built in camera, you can have fun and share your creativity with friends, family and more. You know that, but your pictures don’t always “come out right” or please you. So, why not join our fun Photo group and learn a few tricks to make your photos dazzle, or at least tell the story you are capturing! If your grandkids can do this, in video, too, why can’t you??!!



Photo by Alice Kozar

The proposed Photo Group is geared initially for those with little experience with phone cameras...ie “press the button” and a picture will emerge. Once “beginners” feel more comfortable taking a photo, we will literally “take a walk” with our phones to gardens, the Baylands, Stanford Campus and Mall, downtown Palo Alto and more to capture nature, architecture, people, food, patterns, water, etc. as we “see” our neighborhood through the lens and share our “vision”. More advanced phone photographers are invited to join us and share their knowledge. The emphasis will be on taking the photo with your phone camera, not photo editing or advanced digital cameras.

We will have an introductory Zoom session soon followed by a visit to Gamble Gardens. We will then review selected participant photos via Zoom. We may repeat this pattern for a few months until everyone is comfortable taking photos. Then we will introduce an App for group sharing that everyone (Apple and Android users) will be able to use!!! After that, more creative outdoor fun!!!! Please join and explore a new way to enjoy life in beautiful Palo Alto and environs!!! For additional information contact Alice Kozar alicekozar@mac.com

The Village Book Club will be meeting for the first time on Friday, April 15 at 11:00 AM to 12:00 noon on Zoom. Going forward, we will meet on the third Friday of each month. This is a DROP-IN BOOK CLUB, Village members can come to any meeting. There are no dues, no requirement to participate. We hope those interested in joining will read the book beforehand and be ready to engage in a lively discussion. Each meeting will be moderated by one of the members. We hope that you will come and give us a try!

The following are the book titles our planning committee have selected for the first year. Two months are open for other participants to recommend titles and/or a 2022 published best seller. *(continued on p. 2)*

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Welcome! Social Events Coordinator & Ashley Hyso and New Volunteer Shan Yu



Two new faces will soon be seen around Avenidas Village! **Ashley Hyso**, our new Social Events Coordinator, joined us on February 16th and is ready to plan and join you on new and favorite social activities this spring and summer and beyond. Ashley took some time off from her career in event planning to have a baby daughter who is now 8 months old. In her own words: ***My name is Ashley Hyso and I am the new Social Events Coordinator here at Avenidas Village! I was born and raised in San Jose. I love to travel and try new food. In my spare time I enjoy going to the beach with my family. I am looking forward to meeting***

you and sharing new experiences together!

Shan Yu is a student at Stanford Graduate School of Business who enjoys volunteering with the community. She reached out to the Village to offer help to members such as driving, help with simple household tasks, basic tech help, friendly visiting, help with paperwork, and more. Shan says: ***Born and raised in China, I came to the States when I was 16 years old. I have spent my entire career in the finance industry and I'm a CFA and a CPA (licensed in California). Currently, I'm a student at Stanford Graduate School of Business. My goal is to help the aging population enjoy a vibrant lifestyle.***



For more information or to request volunteer help from Shan, please call the Village office at (650) 289-5405

New Interest Groups—Village Book Club *(continued from Front Page)*

April 15: "The Ride of Her Life" by Elizabeth Letts

(Non-fiction: The story of her ride across the US in the 1950's)

May 20: "Aftermath: Life in the Fallout of the Third Reich" by Harald Juhner (History)

June 17: "The Joy and Light Bus Company" by Alexander McCall Smith

(Lighthearted mystery/fiction: #22 in #1 Ladies Detective Series)

July 15: "The Chancellor: The Remarkable Odyssey of Angela Merkel" by Kati Marton (Biography)

Aug. 19: "The Arbornaut: A Life Discovering the Eighth Continent in the Trees Above Us" by Meg Lowman (Memoir and her fieldwork on trees)

Sept. 16: Open to be selected by a new joining Villager

Oct. 21: "Sold on Monday" by Kristina McMorris (Historical Fiction: Conditions in 1931 for farm families)

Nov. 18: "The Pavilion in the Clouds" by Alexander McCall Smith (Historical Fiction Scottish)

December: NO MEETING

Jan. 20: "The Master" by Colm Tolbin (Historical Fiction: Inner life of Henry James)

Feb. 17: Open to be selected by a new joining Villager

Mar. 17: 2022 published Best Seller to be selected.

For more information, please contact Shirley Finrock samfinf@comcast.net or Dolores Thompson dolorest@stanford.edu

A Word from the Village Vendors Committee by Judy Goodnow

The Avenidas Vendors List is undergoing spring house cleaning! A group of AV volunteers are calling all our vendors, to make sure their information is up-to-date on the vendor list. We hope this will make the list more reliable. The vendor committee is planning to complete their review by early April. We go through this process once every 2 years so you can be sure our vendor list is current.

If you have any comments/concerns about a vendor, you can convey this to the office. We also welcome new recommendations for the list. When you use a vendor on the list, don't forget to add a review. This helps members determine which vendor to call. It is very easy to enter a review online. Our vendors are screened, so we know they have insurance, licenses and have provided good references. You can trust the vendors to meet your needs!

Getting to Know You by Chuck Sieloff

Two recent Zoom Happy Hours featured members sharing stories about where they grew up and other childhood memories. The variety of backgrounds and experiences of our members was amazing and fascinating. Most of us get to know each other when we are already in the "Elderhood" stage of life (as our recent Vistas speaker, Louise Aronson, would put it), but we often discover the rich details of each others' lives by accident or just through random conversations. Wouldn't it be nice if there was a way to easily find out more about each other after a Zoom meeting or a quick conversation on the weekly walk?

Oh, wait! There is a way to do that, but we're not really taking advantage of it. The Member Directory on our website has an easy way for members to enter a brief biography and photo of themselves and to look up the biographical information of any other member. The problem is that most of us don't take that simple step to share our own information with our fellow Village members. With so many new members and so few opportunities for richer in-person interactions, I'd like to encourage all of us to use the Member Directory as a way to strengthen the community.

As an extra incentive, we will be awarding two prizes during March to encourage you to access the directory and add your own information. One prize will go to the first person who can match (using the Member Directory) a current Advisory Council member with each of these biographical details:

- wrote software and books on mathematical problem solving
- lived in the U.S., Switzerland, Canada, Australia, and Japan
- founded a computer and office supply business
- got married twice in one day
- has a passion for singing and directing choirs
- has been a professor of Computer Science, a founder of a small company, and an executive of a Fortune 500 company.

Send your answers directly to Chuck Sieloff at chuck.sieloff@gmail.com.

The second prize will go to a randomly chosen member who enters their own biography (for the first time) during March. It's easy to do if you are logged into the Village members' website and click on the small icon at the very top right of the screen to access your profile. If you need help, please contact Dawn at (650) 289-5405 and she will be happy to guide you through the process.

ICYMI: Village Events & Activities in January & February

Palo Alto Junior Museum & Zoo, January 13



A fun group visit to the newly renovated site featuring indoor exhibits and a variety of birds and animals outdoors! Attended by: Chuck Sieloff, Bill Courington, Kathryn Mouton, Kayleen Miller, Bruce & Ellie Heister, Ginny Turner, Gee-Gee Lenhart, Kathleen Dugan, Renie Quinn, Jan Henrotin, Pearl & Ed Karrer, Eileen & Gary Ruppel



Lunch Bunch January 18th—Mama Coco Cocina in Menlo Park



Attended by: Larry Phelan, Chuck Sieloff, Richard Johnsson, Kathryn Mouton, Ellie Heister, Diana Collins, Len & Sandy Weiss, Mary & Jacques Fossourier, Judith Fields, Barbara Carlitz, Marita O'Reilly, Cindy Patrick, Chris Holt, Tom Reese

Photo by Dawn Greenblat

ICYMI, Continued: Chinese New Year Lunch Bunch at Chef Chu's February 15th

22 Villagers filled up the private banquet room for a special Chinese New Years Banquet at our old favorite, Chef Chu's.

Attendees included: Richard Johnsson, Deborah Plumley, Kathryn Mouton, Diana Collins, Ginny Turner, Len & Sandy Weiss, Jacques & Mary Fossourier, Alice Kozar, Dick Smallwood, Cindy Patrick, Larry Phelan, Barbara Carlitz, Ralph Cahn, Deborah Rosenberg, Bruce & Ellie Heister, Sally Broberg, Bob Aulgur, Kayleen Miller



Vistas Lecture Series—Join our March & April Webinars!

March 18 Vistas: “English Together—Supporting Adult Spanish-Speaking Low-Wage Workers” with Villager Guadalupe Valdes

Professor Valdes will present on her nonprofit English Together which addresses the two-fold challenge of building community and providing opportunities for immigrant workers to develop practical English-speaking skills. Workers become more confident in using English. Workers and volunteers come together breaking down barriers and building trust.



Villager Guadalupe Valdes is the Bonnie Katz Tenenbaum Professor of Education, Emerita at Stanford University. She has experience of over 25 years working with college-age volunteers in various projects and surrounding communities including Ravenswood English and Ingles Personal in East Palo Alto, Redwood City, and Mountain View.

Friday, March 18th at 11:00 AM on ZOOM—Register online or email dgreenblat@avenidas.org



April 15 Vistas: “Decline of Empires” with Villager Scott Pearson

Drawn from a series of his essays on 12 ancient empires, Scott argues that empires first eroded internally and only later suffered external invasions. Four causes of internal erosion are illustrated -- religious excesses (Dynastic Egypt), succession crises (Roman Empire), peasant rebellions (China's Han Dynasty), and fruitless expansions (India's Mughal Empire).

Villager Scott Pearson taught economic development and international trade in the Food Research Institute. Pearson came to Stanford in 1968 and was promoted to Associate Professor with tenure in 1974 and to Professor in 1980. He served as the Food Research Institute's Associate Director (1977-1984) and Director (1992-1996). Pearson became Professor Emeritus in 2002. In retirement, Pearson has lectured on 67 travel/study programs for the Stanford Alumni Association and 121 educational travel trips in total, visiting all seven continents.

Friday, April 15th at 11:00 AM on ZOOM—Register online or email dgreenblat@avenidas.org

Shredding Event for Villagers and Guests—Thursday March 31

Time once again to clear out your boxes of old sensitive paperwork! Get it all shredded for FREE at our private event sponsored by Nancy Goldcamp!

WHEN: Thursday, March 31st, 11:30 am—1:30 pm

WHERE: Covenant Presbyterian Church parking lot, 670 E. Meadow Drive, Palo Alto

PLEASE DO NOT BRING: 3-ring binders, novels/phone books, non-sensitive materials. Staples are ok!

Items are shredded while you wait—you can watch! Helpers will carry your items to the shredder from your car as needed. If you have any questions about your items, please call the Village office at (650) 289-5405.

This event is open to all Village members and their guests who may be interested in joining Avenidas Village.

Member Birthdays—March

Kathleen Elkins	3/2	Chris Holombo	3/14	Laurie Jarrett	3/20
Kenneth Tucker	3/2	Leonard Weiss	3/14	Mary Ashley	3/24
Debbie Fank	3/4	Robert Gee	3/15	Linda Thomas	3/24
Tanya Haskovec	3/5	Sue Kemp	3/16	Roxanne Reeves	3/25
Richard Pering	3/5	June Bowman Miles	3/16	Lesley Samuels	3/25
John Page	3/9	Lee Kanner	3/18	Phyllis Snow	3/25
Richard Bialek	3/10	Richard Johnsson	3/19	Bob Huggins	3/26
Jessie Holombo	3/10	Judith Wasserman	3/19	Ann Lieberman	3/26
Scott Pearson	3/13	Arthur Bienenstock	3/20	June Schiller	3/28
				Linda LaCount	3/29

Member Birthdays—April

Edith Moore	4/2	Jane Glauz	4/9	Rudolph Dyck	4/17
Joseph Berger	4/3	David Liu	4/9	William Corcoran	4/19
Hans Jeans	4/3	Edward Rice	4/9	Alice Kozar	4/19
Mary Shaw	4/5	Eleanor Heister	4/11	Don Ryan	4/19
Jerry Silverberg	4/5	Paul Vadopalas	4/11	Margaret Berger	4/22
Sharon Ingle	4/6	Edel Young	4/12	Catherine Cerny	4/22
Peter Underhill	4/6	Barbara Bonini	4/13	Carolyn Curtis	4/22
Elizabeth Whalley	4/6	Sophie Stallman	4/14	Carl Jacobson	4/24
Barbara Carlitz	4/7	Gertrude Franklin	4/15	Ernest Vigdor	4/25
Charlotte Galina	4/7	Barbara Klein	4/15	Jim Madison	4/27
				Curt Weil	4/29

Welcome New Members!

For more detail on new and long-term members, log into the Village members' website and access the member directory. Many members have added their personal information and photos so you can learn more about them! If you have not yet added your own bio and photo, please do so, or contact the Village office for assistance.

Welcome to...

Sally Broberg (Cluster 1)
 Pamela Hardy (Cluster 2S)
 Dieter & Erika Schrerer (Cluster 4)
 Scott & Sandra Pearson (Cluster 9)
 Hans & Sylvia Jeans (Cluster 5)
 Stu & Carol Hansen (Cluster 7)
 Courtney and Kathy Bryant (Cluster 8)
 Judith Lookabill & Joseph Manganaro (Cluster 2N)
 Nancy Wong & Robert Lipshultz (Cluster 5)

Reason for Joining

Social connections, Vendor list
 Social connections, future support
 Future planning, social events
 Home services, future planning
 Social connections, home services
 Future planning, social connections
 Support to stay independent at home
 More support for aging in place
 Social connections, future support

In Memoriam: Ed Rice 1/22

Please Note: Registration is Required for all In-Person Events

Tuesday, March 8 & Wednesday, March 23 (Please choose ONE date)

IN-PERSON EVENT Lunch Bunch at The Fish Market

Enjoy delicious seafood at this local favorite! Outdoor patio seating with heaters.

View menu: <https://www.thefishmarket.com/menu-palo-alto/>

Tuesday 3/8 OR Wednesday, 3/23 at 11:45 AM

3150 El Camino Real, Palo Alto

\$40-45/person, cash only please! Register online or email dgreenblat@avenidas.org

Wednesday, March 9

Village Website Tutorial on Zoom

If you have never logged in to the website this tutorial is for you! Learn all you can do with the Village online!

Wednesday, March 9th at 11:00 AM

FREE—Register online or email dgreenblat@avenidas.org

Friday, March 11 & Friday, March 25

Friday Happy Hour Social on Zoom

Pour a glass of wine or a cup of tea and toast your Village friends! Enjoy an hour of relaxed, casual conversation and perhaps a thought-provoking question or two. Afterward, members may gather at a local “watering hole” for in-person Happy Hour!

Friday, March 11th at & Friday, March 25th at 4:00 PM

FREE—Register online or email dgreenblat@avenidas.org

Monday, March 14 & Monday, March 28

Guided Meditation on Zoom led by Sabrina Huang

Join Sabrina for a 30 min guided meditation session. Relax and de-stress!

Monday, March 14th & Monday, March 28th at 10:00 AM

FREE—Register online or email dgreenblat@avenidas.org

Tuesday, March 15

IN-PERSON EVENT: Hakone Gardens Docent Tour and Tea Ceremony

Enjoy spring blossoms at Hakone Gardens! Meet for the Tea Ceremony followed by a 1-hour docent tour. Wear comfortable clothes and walking shoes!

Tuesday, March 15th at 12:45 PM

21000 Big Basin Way, Saratoga

\$27/Person, 14 spots available—Register online or email dgreenblat@avenidas.org

Wednesday, March 16

Zoom Special Presentation by US Army Women’s Museum: “Paving the Way to Equality: American Women in WWI”

In WWI, thousands of women answered the call to serve-providing skilled labor both at home and abroad. Their efforts and contributions during the war helped expediate the passage of the 19th amendment: the right to vote regardless of gender.

Wednesday, March 16th at 1:00 PM

FREE—Register online or email dgreenblat@avenidas.org

Friday, March 18

Vistas Lecture Series—Zoom Webinar: “English Together: English Language Support for the Immigrant Workforce” with Villager Guadalupe Valdes (Details p. 6)

Friday, March 18th at 11:00 AM

FREE—Register online or email dgreenblat@avenidas.org

Thursday, March 31

IN-PERSON EVENT: Shredding Event sponsored by Nancy Goldcamp at Covenant Presbyterian Church Parking Lot (Details on p. 6)

Thursday, March 31st, 11:30 AM-1:30 PM

670 East Meadow Drive, Palo Alto

FREE—Register online or email dgreenblat@avenidas.org

Wednesday, April 6 & Tuesday, April 12 (please choose ONE date)

IN-PERSON EVENT Lunch Bunch at American Bistro at Shoreline Lake

Enjoy a view of Shoreline Lake along with delicious salads, sandwiches and more! View menu: <https://shorelinelake.com/menu.html>

Wednesday, 4/6 and Tuesday, 4/12 at 11:45 AM

3160 N. Shoreline, Mountain View

Individual order and pay—Register online or email dgreenblat@avenidas.org

Friday, April 8 & Friday, April 22

Friday Happy Hour Social on Zoom

Pour a glass of wine or a cup of tea and toast your Village friends! Enjoy an hour of relaxed, casual conversation and perhaps a thought-provoking question or two. Afterward, members may gather at a local "watering hole" for in-person Happy Hour!

Friday, April 8th and Friday, April 22nd at 4:00 PM

FREE—Register online or email dgreenblat@avenidas.org

Monday, April 11 & Monday, April 25

Guided Meditation on Zoom led by Sabrina Huang

Join Sabrina for a 30 min guided meditation session. Relax and de-stress!

Monday, April 11th & Monday, April 25th at 10:00 AM

FREE—Register online or email dgreenblat@avenidas.org

Thursday, April 14

IN-PERSON EVENT: The Foster Gallery, Palo Alto

The Foster shares Tony Foster's watercolor wilderness Journeys in a contemplative and engaging space. Foster has traveled to and painted in wild and extreme places around the world. Diary notes and souvenirs are essential elements of Foster's watercolors. The artist has had to contend with harrowing physical conditions, including high winds, extreme heat, rain, hail, snow, crumbling slopes, underwater currents and more. To date he has completed seventeen Journeys and his works offer detailed and powerful insights about place.

Thursday, April 14th at 1:00 PM

940 Commercial Street, Palo Alto

FREE— 9 spots available—Register online or email dgreenblat@avenidas.org

Friday, April 15

Vistas Lecture Series—Zoom Webinar: "Decline of Empires" with Villager Scott Pearson (Details p. 6)

Friday, April 15th at 11:00 AM

FREE—Register Online or email dgreenblat@avenidas.org

Monday, April 18

Village Website Tutorial on Zoom

If you have never logged in to the Village website this tutorial is for you! Learn all you can do online!

Monday, April 18th at 2 PM

FREE—Register Online or email dgreenblat@avenidas.org

Wednesday, April 20

Zoom Special Presentation by Indiana Dunes National Park: "Sand Dune Succession, Geology, Flora and Fauna of West Beach"

With an unparalleled position along 15 miles of Lake Michigan shoreline, 50 miles of rugged trails, and a diverse ecosystem of dunes, wetlands, prairies, and old-growth forest, Indiana Dunes National Park is a destination for outdoor adventurers of all kinds.

Wednesday, April 20th at 1:00 PM

FREE—Register Online or email dgreenblat@avenidas.org



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Special Interest Groups:

Please go
online and
check the
Events
Calendar for
Information

www.avenidasvillage.org

The Community of Avenidas Village A Reflection by Dick Smallwood

You often hear people (like me) refer to the Village as a community. Is that an apt description? The usual definition of community is "a group of people with common interests living in a particular area". I suppose that that definition does apply to our Village. But I have a more active idea of what "community" means to Avenida Village.

Here are some aspects of a successful community that I think apply to Avenidas Village:

- Communal activities such as parties, games, meals, special events
- Helping each other with transportation, errands, minor repairs, social connections, and advice
- Working together on joint projects for a common purpose

The great thing about a community is that everyone is a "volunteer" because no one is telling us what to do. Being involved becomes part of our every-day behavior. Helping hands appear as they are needed

An interesting feature of communities is that the workloads and benefits are distributed unevenly, but more importantly, no one cares; no one is keeping tabs. That's just the way the system works. It's organic.

A great feature of living within a community is that you can meet new people nearly every day and form friendships of varying levels of intensity. In fact these friendships are part of the dynamic atmosphere of the community, always changing with each new experience within the community.

Every member of the Village gets to choose their level of participation in the community, and of course, this often changes over time. That works out just fine because the community is always changing as it adjusts to the needs and contributions of its members. The keyword here is "changing."

A good example of the changing nature of the Village is the recent blossoming of new special interest groups-bridge, hiking, and geriatric healthcare with more (photography, book club, writers groups) on the horizon. With the help of its members, the Village will continue to change and adapt to the desires and capabilities of its member community.



Dick Smallwood and friend