



Avenidas
Village

VOICE

AVENIDAS VILLAGE

450 Bryant Street

Palo Alto, CA 94301

(650) 289-5405

www.avenidasvillage.org

May-June 2021

Call for Nominations—Avenidas Village Advisory Council

Have you ever wondered how Avenidas Village programs and activities are determined? You can become a part of that process by serving on the Village Advisory Council! The Advisory Council provides leadership and guidance to the Village. All of our initiatives, including programs and activities, originate with the Council. It is a working body whose members chair or serve on the various Village committees and task forces. Belonging to the Council provides members with a broad overview of the full range of Village activities and with a significant opportunity to impact the program.

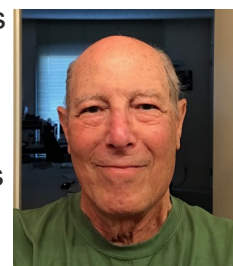
Annually, we call for nominations for new Council members who can help to provide direction and support to the Village program. Nominations for membership in the Advisory Council are due on May 15th for a two-year term beginning July 1. We have included the nomination forms with this newsletter, so please consider volunteering (nominating yourself) or nominating another member to serve. **We invite each of you to step forward and join us in charting and creating our future development. Take the opportunity to share your ideas for the Village and help bring them to life!**

What is This “Village”? A reflection by Ralph Cahn

As a follow-up to our April Cluster meeting I asked members to recommend discussion topics for the next meeting. One suggestion was “Get a Village expert to describe the advantages and features of being a member of the Village, including recent changes.” I thought about this -- who is a Village Expert? Chuck Sieloff came to mind, or perhaps Erika Thomas, but they both have been publicly explaining on video and in writing. Still the question continues to be asked. We ask ourselves before we mention the Village to our friends or our family, or before they, or our neighbor asks us. So—who is a Village expert?

I AM AN EXPERT so I can describe “the advantages and features of being a member of the Village, including recent changes”. Here’s what I have to say: The Village is a community I joined because my wife saw it as a kind of backup if something happened to me. I didn’t care about it at the time. Several years later, she died. I didn’t

have many friends (as I’d been caring for her) so I’d already joined Avenidas’ Caregiver Support Group. It was and has been a godsend. But then I joined the Village walking group. I met Kayleen. I met Dick. I met Helen and Molly and Margaret and eventually Jerry and Larry, Curt and many more. I already knew Tom and Katherine (who joined the Village not long ago). I went to a Cluster meeting; it was boring. But later it was reorganized at Deborah’s house and I helped. COVID-19 hit and meetings changed from in-person to Zoom. I think it got better somehow with the virus; but now we’re thinking back to in-person! We have come to know each other better and everyone is supportive. I’ve realized that Clusters should be and are the foundation of the Village.



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New Village Vendors: Ye Olde Handyman & Enlightened Views Window Cleaning



"Ye Olde Handyman" is Nick Evans, who has joined our vendor listing as a screened handyman & licensed contractor who will take care of all kinds of home repairs, large or small. He is also currently the handyman providing the Village benefit of one free handyman visit per member household per year. "Ye Olde Handyman" is a family business established in 1975. Nick enjoys working with seniors and describes himself as "Happy To Help."

Ye Olde Handyman (Nick Evans)
530 Lawrence Expy Ste 439 Sunnyvale (530) 781-3876

Enlightened Views Window Cleaning provides window cleaning, power washing, solar panel cleaning and gutter cleaning. *"Anyone can fill a bucket with water, wet a window, pick up a squeegee and clean a window. In most cases they will not be called a professional window cleaner. Our extraordinary commitment to detail is what makes us the leader in our field."* Owner-operator Bart Draper grew up in Atherton/Menlo Park. He began his window cleaning career the summer after 8th grade as a summer job and over the years has built up a thriving and successful business.



Enlightened Views Window Cleaning
(650) 964-4342/bart@enlightenedviews.com

For full details on these vendors and many more, please check out our complete vendor list on the Village members' website at www.avenidasvillage.org

Meet Village Vendors at Friday Happy Hour Socials on Zoom

Some of our virtual programs have turned out to be useful in more ways than we expected. For example, we first created our Village Happy Hour socials on Zoom back in spring of 2020 as a way for Villagers to casually get together to chat and connect.

Over time, we've found that our Happy Hour can also be a great way to introduce some of our vendors. The Village Vendors and Services committee will occasionally schedule one of our vendors to drop in for just a few minutes at the beginning of the social hour to meet you and talk about their businesses and services and even answer a few questions! This helps vendors understand more about the Village and its members, as well as giving you the chance to meet some providers and know more about them.

If you have worked with a service provider from the Village vendor list and think they would like to be featured in one of our future Happy Hour socials, please share their information with Kayleen Miller, Chair of the Vendors and Services Committee:

kayleen10bh@gmail.com. The Committee will reach out to them and invite them!

A Letter from Cassandra: My Cross-Country Adventure

Cassandra served for just 5 months as the Village Social Events Coordinator but kept us active during that time! In a goodbye letter to Villagers she shares a little about her trip.

Dear Villagers,

A few weeks ago, my family packed up and drove across the country. We caravanned from California to North Carolina over the span of 6 days. It was myself, my husband, my father, and our three kids- ages 2, 8 and 9. Two cars, six people, two dogs and a cat. We stopped at hotels each night, after driving between 500-600 miles per day.

Finding meals and finding hotels that would accept our pets were some of the bigger challenges. Keeping our kids occupied was another. We played a lot of games and between movies on the laptop and video games on the Switch, the kids had quite a bit of screen time. It was certainly an adventure.

I had never traveled via car from coast to coast before, and it was a great experience. We passed from California to Nevada, to Utah, Wyoming, Colorado, Kansas, Missouri, Illinois, Tennessee and finally North Carolina. Along the way, we saw so many various landscapes and geography. We spent a lot of time on Wikipedia while traveling through the salt flats of Utah, learning the history of the area. We Googled while driving through mountain ranges, learning about the topographical history of Colorado. We drove through a snow storm in Wyoming! We passed buffalo, deer, cows and even wild horses. I'm grateful to have had the experience and to provide the experience to my family.

Charlotte, NC is our new home. People are a little slower here than they are in California. Everyone is very friendly. There are good coffee shops and legit New York pizza places. We are temporarily settled in a townhome while we wait for our San Jose house to sell and to buy a house here in this lovely city. After about two weeks, we're starting to get settled. One of my kids has started horseback riding lessons. Another started karate classes. We enjoy the lush greenery of trees in parks, and I just adore the big, white, puffy clouds here that are rarely seen in California. There are so many birds and bunnies; nature is abundant here in ways that Silicon Valley hasn't seen in quite some time.

I was sorry to have to stop working with the Village, but I hope to keep in touch! I've organized online events for Villagers every few weeks for months ahead, and I've left behind a sizeable spreadsheet full of event ideas and contacts. The months I've spent getting to know the members of the Village and working with the other Avenidas staff have been joyful and fun. I will miss it, and I will dearly miss you all!

Wishing you all the best! - Cassandra



What is This "Village"? By Ralph Cahn (continued from p. 1)

...And what else? Day trips have been virtual but soon will be in person again as previously (Symphony, Salinas, Ballet, Museums). Lunch Bunch has resumed for those who want to gather; bi-monthly social hours continue on Zoom. There's our excellent website, email groups led by Villageers or staff, and personal help of many kinds; Vistas webinars on legal, historical and cultural topics to appeal to different tastes; opportunities to highlight our talents and artistic abilities occur from time to time. Plus in-home technical help, Handyman service, and more.

Villagers participate in Avenidas and Senior Planet programs. To list them all would require polling each of us. **In short, we're all experts capable of listing advantages and features of being a member of the Village, including recent changes—based on what we use and enjoy of its many offerings.** The Village is a community of individuals who take advantage of its services and opportunities to the extent they each wish, while developing supportive relationships with one another -- at least that's my take. As a community we grew better as we responded to COVID. As a community we're now beginning to enjoy the freedoms of whatever "new normal" will be. The future looks good for our Village as we meet, learn, help, explore, contribute, enjoy, care, work, and laugh TOGETHER.

ICYMI: Village Events & Activities in March & April

“In Case You Missed It”... Here is what the Villagers have been up to!

The past two months were filled with special presentations on Zoom including an animal “meet & greet” with Oakland Zoo and a virtual tour of the Rockies. We also enjoyed beautiful local bird photography with Judy Kramer. But what made this spring extra special was the chance to start going out in groups again! Great spring weather and lifted restrictions allowed for our first in-person outings in several months. Villagers visited Filoli Gardens and enjoyed Lunch Bunch at Dinah’s Poolside Restaurant in Palo Alto and Celia’s in Menlo Park.

Lunch Bunch at Dinah’s Poolside—March 18th



Right: Chuck Sieloff, Ginny Turner, Nancy Martin, Richard Johnsson, Gerry Gilchrist

Left: Larry Phelan, Ralph Cahn, Barbara Carlitz, Sarah Pribble, Arlene Klainer



Eleanor & Mike Willemssen, Bruce Heister, Linda Anderson, Diana Collins, Tom Reese



Filoli Outing—April 5th



Bob and Mary Shaw with Larry Phelan



Ginny Turner, Nancy Martin, Kathy Kermit, Diana Collins

Also attending/not pictured: Ron & Melanie Wilensky, Chuck Sieloff, Kayleen Miller, Bill Courington, Irene Kallman

ICYMI—In-Person Activities in March & April (continued)

Lunch Bunch at Celia's—April 19th



Left: Richard Johnsson, Ellie Heister, Fred Storke, Barbara Carlitz, Shirley Storke, Kayleen Miller, Bruce Heister



Nancy Martin, Debby Clarke, Diana Collins, Carol Kenyon, Chris Holt, Ginny Turner, Chuck Sieloff, Tom Reese



...And of course, the Village Walkers!

12 of our faithful walkers, still dutifully masked, enjoying a sunny Wednesday morning at Bair Island—March 24th, 2021

Fun Loving Antics on a Village Walk *by Dick Smallwood*

When Ralph asked me to “lead” one of the Village’s weekly hour-long walks, I wanted to plan a walk that would characterize the spirit of “caring and fun” that pervades the activities of the Village. What to do? On my morning walks I occasionally pass by a beautiful statue of a young woman that graces the grounds of the Palo Alto Library. It is a pleasure to see her in the many varied lights of the morning sun and I have grown quite fond of admiring the way the different lighting heightens my experience. At some point I started thinking of the statue as a “friend.” So it seemed only natural to include in my notice of the upcoming walk that everyone would get to meet my “girl-friend.”

I fully expected that this would create a certain level of curiosity among my fellow walkers and I was not disappointed. One good friend wanted to know if my “girl friend” had four legs and a wet nose. I replied that she had only two legs and they were quite shapely. Another friend said that there were four possibilities, but I said that she should come on the walk and find out.

On the day of the walk, we had a good turnout of 14 walkers. I would like to say that there was great anticipation in the air, but realistically there was only gentle amusement. There was general agreement that my “girl-friend” was indeed quite attractive, but not particularly articulate. It was a fun experience for everyone – another example of Village fun.



Vistas Lecture Series—Join our Upcoming Programs on Webinar!

May 21st Vistas: “Long Term Care Insurance—Your Questions Answered” with Denise Michaud

Denise will give a general review of how the policies work, the reasons people buy a policy, and how to create a strategy in the event you need long term care. Much of this session will be dedicated to your questions and answers. This Vistas is a joint presentation with the Village Expanding Choices Task Force.

*Denise Michaud has been in the insurance industry for 34 years, and for the last 28 years, has specialized in long term care insurance planning. Her advisory work with the CA Department of Health Care Services and CA Senate Sub-Committee on Aging brings a respected level of planning expertise to her clients. She is currently authoring a book (**Your Health, Your Wealth – Five Smart Ways to Plan for Long Term Care**) so consumers can have objective guidance in buying a policy*



Friday, May 21st at 11:00 AM on ZOOM—Register online or email dgreenblat@avenidas.org

June 18th Vistas: “Senior Fraud” with Janice Svendsen



We all receive scam phone calls and emails—fraud targeting seniors takes many forms and it is increasingly sophisticated. Learn about common fraud attempts and how you can be on the alert and protect yourself and others as well as what to do if you are the target.

Janice Svendsen is the Chapter President of the FBI San Francisco Citizens Academy Alumni Association, a nonprofit organization separate from the FBI, which strives to enhance the FBI's community outreach efforts through outreach programs, education and support. Currently employed as Project Manager for Villages

of San Mateo, Janice has been involved in a wide variety of educational and volunteer opportunities focused on Public Safety and Emergency/Disaster management.

Friday, June 18th at 11:00 AM on ZOOM—Register online or email dgreenblat@avenidas.org

This Vistas is open to guests of the Village—if you know someone who would enjoy this lecture and who may be interested in joining the Village, please invite them!

Welcome New Village Members!

Ron & Melanie Wilensky (Cluster 7) came from Brooklyn, NY in 1965 to attend graduate school at Stanford – Ron in Applied Physics and Melanie in Music. They met the following summer at a pool party in Palo Alto. Having both come from Brooklyn they had a lot in common although they had never met previously. They married in 1970 and have lived in Palo Alto since then. Their daughters Elena and Sabrina both live in the area. Ron was a vice president at TCI International in Fremont, retiring in 2015 after 45 years with the company. Melanie was a volunteer organizer of music programs at Ohlone School and now supports education of young musicians at the Music@Menlo Chamber Music Institute. Ron and Melanie have travelled frequently to Europe and Japan. They have deep interest in Japanese culture and cuisine as well as sumo, Japan's ancient national sport. They are avid readers, Melanie enjoying mysteries and historical fiction and Ron favoring science, economics, and history. Melanie is an ardent solver of crosswords and complicated jigsaw puzzles.



Judy & Nick Larsen (Cluster 2N) have lived in the Barron Park neighborhood of Palo Alto for over 50 years. Both Judy and Nick are engineers and came to the area because of jobs, first in the aerospace industry and later technology. Nick came from Montana and Judy came from North Dakota. Nick worked for several technology companies including Intel, 3Com and National Semiconductor. Judy was Vice President of Worldwide Research Operations for Dataquest and later for ACNielsen. Both Larsens are avid runners and sports fans. Following retirement Nick played with his airplane and flying. Judy went to the opera and symphony. Both Larsens are active in First Lutheran Church of Palo Alto.

John & Tashia Morgridge (Cluster 10): We both grew up in Wisconsin, were highschool sweethearts, graduated from the University of Wisconsin-Madison, and married 66 years ago soon after graduation. Our first trip to California was for John to attend the Graduate School of Business at Stanford and for Tashia to begin her teaching career. After serving in the Air Force, John worked for Honeywell in their computer division. Several moves and three children later, we again moved to California and lived in Orinda while John worked for Honeywell in San Francisco. We then moved to the Boston area in the middle of a blizzard. We enjoyed the seasons and east coast living for 20 years as John joined a startup computer company as VP of Marketing and Tashia earned her master's in Special Education and taught special education for 13 years. A job opportunity brought us back to California where we have now lived for almost 30 years. Tashia retired from teaching when we left Boston and John retired in 1995 as CEO and then Board Chair of Cisco Systems. Our time and energy since retirement has been as philanthropists. We support education from pre-K through college with funding, board memberships, personal involvement and scholarships. We also support medical research through a research center at the University of Wisconsin, the environment largely through the Nature Conservancy, international aid through CARE, in addition to support for our Universities, Wisconsin, Stanford and Lesley University. We had three children and our six grandchildren are now becoming parents—we have two great grandchildren with more on the way. Life is good! Our interests are/were biking, hiking, skiing, reading, swimming, gardening and kayaking. Together we have ridden our bicycles across the US twice, cross country skied above the Arctic Circle, and climbed Mt. Kilimanjaro.



Welcome New Village Members! (continued)

Judith Fields (Cluster 7): I grew up in Mississippi, went to school at Michigan, spent a year in New Orleans. After discovering that the city was not big enough for my aunt and me, I moved to California. Have lived in Palo Alto over 25 years. Have had an eclectic career, from real estate research and development to several non profit ventures. For example, I started a music program at Stanford Hospital and started to think of myself as an impresario when I put on a truncated version of The Nutcracker for several years. I served in three countries in Asia with The Peace Corps and VSO. I am enthralled with the theater, read mostly non fiction. I am alone and terribly shy in a group but I enjoy individual conversations!



Bob & Kris Stanfield (Cluster 1): Bob was born and raised in Southern California. He received an appointment to the U.S. Naval Academy in Annapolis, went on to earn his Navy Wings of Gold, served several tours of duty in Vietnam, and graduated from the Naval Postgraduate School with an MS in Meteorology. He met Kris while at the Naval Academy and they married in 1966. They raised two wonderful sons, Geoff and Scott. After his Navy career, Bob earned an MBA in Finance, and had a 20-year career with Great Western Bank. Bob's activities and hobbies include playing the accordion with his band, The Sunday Seven, which plays polkas, waltzes,

and oldies at venues throughout the South Bay. He also plays in an ensemble for a Norwegian folk dance group. Bob enjoys reading, gardening, woodworking, and walking his loveable pit bull, Flower. Kris grew up in Maryland. She was an avid springboard diver, figure skater, and school and church chorister. She studied piano, voice, and music theory throughout elementary and high school, and during her collegiate years at Mary Washington College, in Fredericksburg, Virginia. After years of volunteering when the boys were young, Kris began her 25-year career in nonprofit development and management when the family moved to Los Altos in 1981. Her favorite activities in retirement are being with her grandchildren, singing in her church choir, reading... and soaking her poor aching feet!

Nancy Martin (Cluster 6): I consider myself a westerner, despite the 20+ years spent on the east coast. I have 2 daughters—Teresa resides in New Hampshire and is an artist and political volunteer. Kam is a Physics professor and currently a Vice Provost at Stanford. She has two delightful children (twins) who are experiencing their Freshman and Sophomore college years under this pandemic. I moved to Palo Alto mainly to help with the twins... although another motive was that my firm was setting up a CA office and no one else wanted to spend so much time on the West Coast. I've had an active professional life: most recently I was a direct entry partner at Warburg Pincus (WP), a community of professionals I truly enjoyed and respected. My previous career was as a founder of a small company and then an executive in fortune 500 companies. My first career was as a professor of Computer Science. I loved my work in all of these endeavors. My philosophy was that if you didn't love what you were doing and couldn't make a difference, you should find something else to do—which I did occasionally! My avocations have been working with Women in Science organizations (one of which I founded); supporting organizations dedicated to helping bright, socially and economically disadvantaged youth get a good education; and working with the secular community, especially the Secular Students Association. I like to walk, read, garden, and play bridge. After twelve months of sequestering, I'm now excited about joining a new community – Avenidas Village. I expect to make new friends and find new ways to make a difference in my community.



Member Birthdays—May

Charles Botsford	5/1	John Couch	5/10	Analee Nunan	5/24
Ted Carlstrom	5/1	Alexander Florence	5/14	Philip Smaller	5/24
Rick Peterson	5/5	Katie Dunlap	5/16	Yvonne Lenbergs	5/26
Betsy Fryberger	5/7	William Agras	5/17	Luella Isaacs	5/27
Anna Parks	5/8	Margaret Rosenbloom	5/17	Charles Holloway	5/28
Lynne Stietzel	5/8	Naomi Levinson	5/22	Wally McMillan	5/28
Roslyn Bienenstock	5/10	Irene Plattner Cannon	5/23		

Member Birthdays—June

Brigid Barton	6/1	Adelle Rosenzweig	6/10	Dody Lee	6/18
Sara Botsford	6/1	Gerry Gilchrist	6/11	Bruce Ackermann	6/20
Rob Robinson	6/1	Lynne Toribara	6/11	Gee-Gee Lenhart	6/21
Susan Gould	6/2	Sandra Weiss	6/11	Robert Williams	6/21
Donna Silverberg	6/2	Frances Perry	6/12	Elizabeth Wolf	6/23
Margaret Weil	6/2	Molly Agras	6/13	Elizabeth Lyon	6/24
William Gould	6/4	Ginny Turner	6/13	Lowell Price	6/25
Mary Schaefer	6/4	Lorrie Walton	6/14	Patty Huggins	6/28
Joe Rolfe	6/9	Gail Sredanovic	6/15	Molly Meschke	6/29
Bob Herriot	6/10	Judy Goodnow	6/16		

The Village Friday Happy Hour Social: A Great Way to Keep Up with Old & New Village Friends

The Village Friday Happy Hour is one of the first Zoom activities we introduced when we were forced to stop our in-person programs over 1 year ago due to COVID. It was designed to be a simple way for members to see each other, say hello, and chat about anything they wanted, to help combat the isolation of sheltering at home. Over time, this simple hour every other week has become an important connection point for many Villagers, and we often have 30-40 participants. Villagers come together for conversation but also to meet new members, sometimes hear from one of our vendors, take a quick poll on some timely topic, or share a reflection. Everyone is free to speak up or just listen in but no matter how much or little someone says, each person's participation adds something special to the mix. And it is so easy to join from your home—no driving or parking, so if you want to enjoy a glass of wine you don't need to worry! This is why we plan to continue scheduling Friday Zoom social hours even after in-person meetings are able to resume. We hope you will join in!

Enjoy this POG Island Punch (with or without alcohol) at the next Friday Happy Hour! (Recipe by Dawn Greenblat)

Non-Alcohol Version:

1 cup Pineapple Juice 1 cup Orange Juice Maraschino Cherries for Garnish
1 cup Guava Nectar 1 cup Lemon/Lime Soda

Fill pitcher halfway with ice. Add pineapple juice, orange juice, guava nectar and the lemon/lime soda; stir gently to combine. Serve in low-ball glasses with a couple of maraschino cherries and a spoonful of the cherry syrup.

Alcohol Version:

1 cup Pineapple Juice 1 cup Orange Juice Maraschino Cherries for Garnish
1 cup Guava Nectar 1 cup White Rum
1/2 cup Dark Rum 1/4 cup Lemon Juice

Fill pitcher halfway with ice. Add pineapple juice, orange juice, guava nectar, white rum, dark rum and lemon juice. Stir to combine. Serve in a low-ball glass with a couple of maraschino cherries and a spoonful of the cherry syrup.

Due to current circumstances, events and programs are subject to change. Please review the events listing at www.avenidasvillage.org for the most current event schedule.

Tuesday, May 4**“Music of Brazil”—Zoom Special Presentation by Teach to Learn**

Join presenter Gustavo Domico from Sao Paulo, Brazil, to enjoy a presentation on the history and culture of the music while viewing a slideshow and a few performances. After the presentation there will be time for questions.

Tuesday, May 4th at 2:00 PM

\$10/person, credit card only—Call (650) 289-5405 or email dgreenblat@avenidas.org to pay and receive the Zoom link for this session

Thursday, May 6**Village Website Tutorial on Zoom**

If you have never logged in to the website this tutorial is for you! Learn all you can do with the Village online!

Thursday, May 6th at 11 AM

Register Online or email dgreenblat@avenidas.org

Monday, May 10 & Monday, May 24**Guided Meditation led by Sabrina Huang**

Join Sabrina for a 30 min guided meditation. You might find yourself feeling more present, less stressed, and more self-aware. Experience it for yourself and see where you go!

Monday, May 10th & Monday, May 24th at 10:00 AM

FREE—Register Online or email dgreenblat@avenidas.org

Friday, May 14**“Women who Paved the Way” - Zoom Tour by Homestead National Historic Park**

A docent from the park hosts this special presentation for the Village on women suffragists and homesteaders.

Friday, May 14th at 10 AM

FREE—Register Online or email dgreenblat@avenidas.org

Friday, May 14 & Friday, May 28**Friday Happy Hour Social hosted by Chuck Sieloff**

Pour a glass of wine or a cup of tea and toast your Village friends! Enjoy an hour of relaxed, casual conversation and perhaps a thought-provoking question or two.

Friday, May 14th and Friday, May 28th at 4:00 PM

FREE—Register Online or email dgreenblat@avenidas.org

Monday, May 17th**Lunch Bunch is Back! Outdoor Lunch at Kali Greek Kitchen!**

Join Village friends for fresh and delicious Greek food on California Street!

<http://kaligreekkitchen.com/>

Monday, May 17th at 11:45 AM

Kali Greek Kitchen, 451 California Ave, Palo Alto

\$20-25/person, individual pay - Register Online or email dgreenblat@avenidas.org

Friday, May 21**Vistas Lecture Series—Zoom Webinar: “Long Term Care Insurance” with Denise Michaud (*Details on p. 6*)**

Friday, May 21st at 11:00 AM

FREE—Register Online or email dgreenblat@avenidas.org

Wednesday, June 9**“Latino Art & Culture” - Presented by Smithsonian American Art Museum**

Explore how Latino artists shaped the artistic movements of their day, often using their work to communicate with a larger public about social justice and themes of diversity, identity, and community.

Wednesday, June 9th at 11 AM

FREE—Register Online or email dgreenblat@avenidas.org

Thursday, June 10**In Person Outing—“Bouquets of Art” at the De Young Museum, San Francisco**

A day trip to the De Young to enjoy floral representations of various artworks, with lunch at the café. We will be accompanied by a professional tour guide, Fritz Lareau.

Thursday, June 10—Meet at Cubberley Community Center at 9:30 for 10:00 departure

\$77/person includes Museum & Bus Transportation, 12 spots available—Register Online or email dgreenblat@avenidas.org

Friday, June 11 & Friday, June 25**Friday Happy Hour Social hosted by Chuck Sieloff**

Pour a glass of wine or a cup of tea and toast your Village friends! Enjoy an hour of relaxed, casual conversation and perhaps a thought-provoking question or two.

Friday, June 11th and Friday, June 25th at 4:00 PM

FREE—Register Online or email dgreenblat@avenidas.org

Monday, June 14 & Monday, June 28**Guided Meditation led by Sabrina Huang**

Join Sabrina for a 30 min guided meditation. Relax and de-stress!

Monday, June 14th & Monday, June 28th at 10:00 AM

Register Online or email dgreenblat@avenidas.org

Wednesday, June 16**Village Website Tutorial on Zoom**

If you have never logged in to the website this tutorial is for you! Learn all you can do online!

Wednesday, June 16th at 2:00 PM

Register Online or email dgreenblat@avenidas.org

Friday, June 18**Vistas Lecture Series—Zoom Webinar: “Senior Fraud” with Janice Svendsen (Details on p. 6)**

Friday, June 18th at 11:00 AM

FREE—Register Online or email dgreenblat@avenidas.org

Monday, June 21**Lunch Bunch—Trellis Menlo Park**

Enjoy classic Northern Italian food on the rooftop patio! www.trellisrestaurant.com

Monday, June 21st at 11:45 AM 1077 El Camino Real, Menlo Park

\$25-30/person—Register Online or email dgreenblat@avenidas.org



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May 31
Memorial
Day

Village Voice May-June 2021

Village Special Interest Groups in May-June

Village Walkers

Meet weekly on Wednesdays at 10 AM for neighborhood walks

For information email Ralph Cahn

ralphqc66@gmail.com

TeleVisit—Phone Only Conversation, Games & More!

Tuesdays & Thursdays at 10 AM

If you're tired of Zoom but would enjoy a friendly conversation group, try TeleVisit, a phone-based activity program!

For information email Dick Smallwood

rdsmallwd35@gmail.com

Current Events Discussion Group on Zoom

Monday, May 3 & Monday, June 7 at 2:00 PM *Moderated by Dick Smallwood.*

For information email Dick Smallwood

rdsmallwd35@gmail.com

Video Discussion Group on Zoom

Tuesday, May 25 & Tuesday, June 22 at 3:30 PM *Moderated by Dick Smallwood.*

For information email Dick Smallwood

rdsmallwd35@gmail.com

NEW—AV Listeners Group on Zoom

Wednesday, June 9 at 2:00 PM

A conversation and sharing group focusing on challenges and solutions to hearing impairment! *Moderated by Dick Smallwood*

For information email Dick Smallwood

rdsmallwd35@gmail.com