

March-April 2019

AVENIDAS VILLAGE

4000 Middlefield Rd

#1-2

Palo Alto, CA 94303

(650)289-5405

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How Many Villagers Does it Take to Change a Lightbulb?

By Barbara Newman Bonini

I attended the last Avenidas Village Volunteer Committee meeting expecting to solve problems for the Village, not myself... but I was in for a surprise! As we discussed services for members, I commented that I was tired of paying a handyman for a 3-minute visit every time a lightbulb burned out in a ceiling fixture. Another member, Gerry Gilchrist, added that she had been waiting several weeks for her grandson to come change a light bulb that had been burned out at her home. Erika Thomas (Avenidas Village Director) asked why we didn't call Avenidas Village to ask for help. We answered—"This seems like such a small matter, why call the Village?" Erika pointed out that even if small, it's a need at home that we hadn't found help with yet—and the Village is there to help!

Another committee member, Chuck Sieloff, mentioned he hadn't changed a light bulb in years and suggested installing LED light bulbs, which last for many years and use about 80%

less electricity. I had not heard about LED bulbs before, but together we came up with a plan to replace the bulbs in my home with these new efficient lighting options. I made a list of all the ceiling fixtures and noted the wattage I wanted for each and which (only one) was on a dimmer. Chuck came over and checked my list and we talked about the wattage and whether I wanted the light to be cool or warm. (Before this, I had no idea about the choice). He then took me to his house to see the warm and cool lights so I could see the difference. I easily found all the bulbs I needed during one trip to Ace Hardware.

(Story continues on pg. 2)



Have you ever felt your need was "too small for a call"? That it was easier to just ignore it or wait for a family member to help out when they can? Remember that your Village membership is there to support you with needs large or small.



Barbara & Chuck with new LED lights in place

How Many Villagers...? *(continued from pg. 1)*

The bulb that could be dimmed cost \$10; the other 100 watt bulbs were \$5 each; the 60 watt bulbs were on sale – about \$1.25 each. I chose the “cool” light for the kitchen area and a study and the “warm” light for the other areas in the house. For installation, I called the Avenidas Handyman Service. The handyman I had used before came and changed all 15 light bulbs in a little less than an hour. There was even time in the hour for him to make sure some downspouts were clean. A much better use of his time than coming out just to change one burned-out bulb!

A couple of days later, Chuck stopped by Gerry's condo to review her lighting needs. She only had a couple of ceiling fixtures, but she needed a half-dozen 3-way bulbs for lamps, three dimmable bulbs for a ceiling fixture, and some frosted globe vanity lights for bathroom fixtures. She was also replacing a couple of old compact fluorescent bulbs, the funny looking curlicue bulbs that were popular 5-10 years ago. A quick trip to the local hardware store satisfied most of her needs and the store was also happy to dispose of her

old compact fluorescent bulbs in a safe manner, since they need to be treated as hazardous waste. Chuck helped Gerry install her new lighting and say goodbye to her bulb-changing irritations. Gerry concluded: “All in all - a very worthy experience and now I won't have to wait 3 weeks for my grandson to climb the ladder for the one chandelier. It will help the environment also.”

Sometimes it takes a village... members sharing about their needs and working together to find a solution when you least expect it.

Why Upgrade Your Lighting? *By Chuck Sieloff*

Changing light bulbs seems like a minor irritation, but if you are aging in place and would rather avoid ladders, step stools, awkward fixtures, annoying trips to the hardware store, or expensive calls for a handyman, it's probably time to consider a technology upgrade.

As technologies go, the incandescent light bulb had a good long run, dominating the home lighting market for the last 140 years, but LED (Light Emitting Diode) lights are now a superior alternative in pretty much every way. They use 80-90% less energy than an equivalent incandescent bulb, while lasting 40 times longer, which means you will probably never have to change the bulb again. They now come in all shapes and sizes, including 3-way bulbs, dimmable bulbs, vanity globe lights, outdoor bulbs, and even long tubes to replace the old fluorescent tubes that may still be flickering

and buzzing in your garage or workshop. LED's also offer a range from “warm” to “cool” light, with warm usually preferred for living spaces, bedrooms, and bathrooms, while cool or white may be preferred for kitchens, office work spaces, and task lighting.

When the technology first became widely available, the bulbs were quite expensive, but that has changed dramatically in the last couple years, and they are now quite cost-competitive, especially when factoring in longevity and energy efficiency. (Since these are higher-tech products, it is probably best to avoid the cheapest knock-offs and stick with reputable brands.)

What about Compact Fluorescent Lights (CFL's)? The funny looking curlicue bulbs were heavily promoted 10-15 years ago as energy-

Villager Chuck Sieloff explains LED lighting and how it can brighten up your life!

efficient alternatives to incandescent bulbs, but they were a technological dead-end that are inferior in every way to LED's. They use twice as much energy as LED's, last one-tenth as long, are poorly suited for many lighting situations, and, because they contain small amounts of mercury, are dangerous if broken and must be treated as hazardous waste when disposed of. Even if you have some that are still working, it would probably be best to replace them with LED's, and take your old CFL's to your hardware store, which will dispose of them in a safe manner.

Avenidas Village Annual Meeting, January 15th 2019

Over 50 Villagers ventured out on a cold, rainy afternoon in January to attend the Annual Meeting where we discussed Village updates, goals, and member feedback. Thanks to all who attended and shared your thoughts!



Avenidas CEO Amy Andonian shares updates on the Bryant Street renovation & new Avenidas programs



Villagers Phil Ladenla, Magda Grant, Phil Smaller and Keith Kvenvolden review the Village annual reports

Response to a Member's Question *By Dick Scott, Member, AV Advisory Council*

During the discussion section of the Annual Meeting, a thoughtful Village member asked a couple of questions about our current dues. On behalf of her Cluster, she had been charged with researching the dues structures for villages in the Bay Area. She observed that Avenidas Village dues were substantially higher than those of other villages. Our members currently pay \$970 for a single and \$1390 for a couple/household, whereas some villages in our area have dues in the \$500 to \$700 range. Her first question was: Why are AV membership fees higher than other Villages offering similar services? Her second, related question was: Had AV considered seeking financial support from outside sources, such as foundations, to support its programs? These questions were raised near the end of our meeting so there was insufficient time for Council members to address them in detail. As a member of the Village Advisory Council, I would like to offer my response to both questions. Why are AV dues higher than some other senior villages in the area? If we scan the situation of the more than 250 villages now operating in the US, AV is at the higher end of the dues spectrum. (The membership dues for some nearby villages, like Ashby Village

in Berkeley, are quite comparable to those of AV.) A major factor that accounts for variation in the dues paid by villages is the size of the professional staff. Those villages with smaller professional staff must depend more on volunteer services and operate with fewer staff to deliver the services. Data covering the ten years of senior village operation in the U.S. reveal that senior villages with smaller staffs are less likely to be sustainable. From the outset, AV chose to align with our host organization, Avenidas, a well-established provider of senior services and support in the Palo Alto area with a nearly 50-year record of developing and operating top quality programs. AV benefits from this larger professional staff and range of services, and enjoys the use of attractive facilities to host meetings and programs. A small part of our membership fees pay most of our prorated share of the cost of these facilities and infrastructure. Villages with lower dues must rely heavily on the services of volunteers. AV has thus far been less successful in persuading members to step up and serve AV members in a supportive community. To address this, last year a Volunteers Committee was created to expand the number of volunteers both from our membership and from

outside groups. (The recent successful RSVP household-help event is an example.) A sure strategy to prevent excessive dues increases over coming years is to increase the culture of volunteerism within the Village. What about augmenting our finances with funds from foundations? A few years after our launch in 2007, AV received a grant from the Archstone Foundation to support a part-time staff member to develop joint programs with the Palo Alto Medical Foundation. This program generated useful activities, but was discontinued after the grant expired. Obtaining foundation support requires extensive staff time to prepare proposals, to hire and oversee additional personnel, and to prepare reports. Foundations have their own agendas and are often unwilling to simply support or expand existing programs. Staff and council members are on the lookout for potential foundation support, but my view is that it is not an easy or adequate alternative to membership dues. We are grateful for Village members who are so actively learning about, and connecting with, other village programs in order to enrich our own. We appreciate the feedback and the chance to discuss these important questions.

Avenidas Village to be Featured on Community TV Program, “The Better Part”

Did you know that a group of local seniors has been producing a community TV show for over 35 years? **The Better Part** is a half-hour television talk show produced by all-senior members of the Cupertino TV Productions Group. They meet at the Cupertino Senior Center and tape their shows at the KMVT15 Studios in Mountain View under the auspices of the City of Cupertino. Programs cover a wide range of subjects of interest to the community.

Recently, producer and show host Susan Man reached out to Avenidas Village, offering to feature us in an upcoming episode.

We quickly gathered a small team including Dick Smallwood (AV Advisory Council Chair), Kayleen Miller (Advisory Council Member and Cluster 8 Lead) and Erika Thomas (AV Director) to share the airtime and explain the Village concept and benefits. Susan deftly guided us through the process of developing a script and then taping the show at KMVT Studios. It was a fun and educational experience to “star” on this program, which is entirely produced by seniors who regularly volunteer their time and expertise to this project.

The “Avenidas Village” episode is currently in post-production and will be aired in April. It will also be posted to YouTube so that you can watch it even if you are not in the broadcast coverage area (mostly South Bay). The program will also be available to the public via a link on the Village website. We will let you know when it becomes available! And if you are interested in the world of broadcasting, anyone is welcome to join Cupertino TV Productions and learn all aspects of producing a TV show. Learn more at www.thebetterpart.com.



Behind the Scenes at KMVT Studio



On the Set with Host Susan Man & Crew

“Helpful Village” Update: A Better Online Experience for You Coming Up!

Avenidas Village is moving forward with the implementation of **Helpful Village**, a program to manage our data systems that will improve the user experience for both members and staff. You will soon be able access a whole new Village homepage and members-only site. You will find an improved public website with real, useful information about Avenidas Village that you can confidently share with friends or family who want to learn more about the Village. In addition, when you log in as a member you will discover:

- A simpler, more intuitive site that is easy to navigate; more Village info and resources accessible online
- Real time events calendar with online RSVP option & automatic email reminders
- Option to submit online service requests or respond to a request for volunteer help
- Fully updated member and vendor directories with improved search options
- Real time “Village Talk” chat feature to connect with other members... and more!



Another important improvement with Helpful Village is online security. As a client, Avenidas Village will now be an A+ security grade website. Helpful Village has established a HIPAA account with Amazon AWS to ensure the highest level of data protection. AWS data centers are built to meet the requirements of the most security-sensitive organizations including NASA, Adobe, Airbnb, Time Inc., and more. With these protocols in place and encryption of all online communications and data, you can rest assured that your information is protected.

The new Village website will go live in the spring and we will keep you posted as the timeline develops. To help you get used to the changes, we will provide training videos and hands-on guidance. Over time we will provide updates to introduce the many features of our new system. We’re confident you will be impressed when you begin to explore!

Community Partners: Bay Area Funeral Consumers Association

AV welcomes our newest community partner organization, the Bay Area Funeral Consumers Association (BAFCA). This volunteer-run organization was founded in 1952 and offers a broad range of consumer-oriented services to its members and the community, covering various issues involved in end-of-life arrangements. The purpose of the Association is to help consumers prepare in advance for their needs, so that loved ones are not left vulnerable to surprise costs

or unsure what to do when someone passes away. They provide members with lists of area mortuaries, cemeteries and crematories with published negotiated price lists for specific services to help avoid unnecessary expenses. They serve the broader community by holding annual open meetings with featured speakers and attending legislative hearings to offer testimony on end-of-life matters. They offer informational brochures and educational programs on topics

including: Shopping for a Funeral; Warnings about Prepayment; Body Donation; Green Burials; and Home Funerals.

This spring, The Village Expanding Choices Task Force plans to invite leaders of BAFCA for an informational session for Village members to learn more about the work of this organization and how we can benefit from and more productively collaborate with them.

Meet Kara: “Building a New Normal-Working With Grief, Creating Connections, Deriving Empathy” Presentation by Jaymie Byron

A non-profit serving the Bay Area since 1976, Kara provides comprehensive grief support, crisis intervention and education to individuals and communities facing the difficult realities of grief and loss. Through a highly effective peer support model, over 150 volunteers compassionately serve children and adults on their journey through grief toward renewed hope and meaning.

This free, interactive presentation will provide attendees with skills to address loss and grief by developing a foundation of knowledge on grief, growing one's sense of compassion, and providing opportunities to reflect inward on one's own grief history. The program uses education, experiential exercises, and group discussion to enable participants to learn to:

- Recognize symptoms of grief
- Gain skills to process loss
- Understand both the toll that compassionate interactions have on individuals, as well as ways to take care of oneself.

For questions, please email Beth Lyon: bethlyon2435@gmail.com

**Wednesday, March 20
2:00-3:30 PM
Avenidas, 450 Bryant St
“Wellness Classroom”**

**Free-RSVP to Sabrina
shuang@avenidas.org
650.289.5405**

**Program Presented by
Avenidas Village
Expanding Choices
Committee**

Mission Hospice Hosts “Death Café” at Seniors at Home

Have you heard of a Death Café? Does it sound morbid or creepy? In fact, it's not!

A Death Café is a group directed discussion of death with no agenda, objectives or themes. Its objective is “to increase awareness of death with a view to helping people make the most of their (finite) lives”. It's a discussion group, NOT a grief support or counseling session. Death Cafés:

- Are Not-for-Profit
- Are held in an accessible, respectful and confidential space
- Have no intention of leading people to any conclusion, product or course of action
- Always feature refreshing drinks and nourishing food – and cake!

AV Partner Mission Hospice & Healthcare will sponsor a "Death Cafe" on Wednesday, April 17 from 6:30-8:30 PM at "Seniors at Home," 200 Channing Ave., Palo Alto.

RSVP to MissionHospice.org.eventbrite.com or to Susan Barber at (650) 532-2396

Vistas Lecture Series

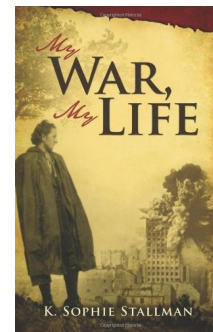
March-April 2019

March Vistas: “My War, My Life” with Sophie Stallman

Under Nazi-occupied Poland, Sophie and her family were forced to endure a daily life of deprivation, fear and struggle – but despite the abysmal conditions, Sophie was determined to pursue her own life. Pressing forward with her academic education and her love of music, she excelled developing her modern dance talents and mezzo-soprano voice. Sophie also made the courageous decision to join the Polish resistance organization – a move that would put her life in constant jeopardy, especially during the 1944 Warsaw uprising.

My War, My Life is the extraordinary story of one girl's battle to not only survive the tragedies and challenges she faced in WWII, but to continually rise above any adversity. Her life serves not only as a moving testimony to the strength and endurance of the human spirit, but as a tribute to those who were not able to leave Warsaw alive.

Sophie Stallman was born in Poland and lived in Germany from the end of World War II until 1956, when she arrived in California with her first husband and two children. Sophie was instrumental in establishing women's gymnastics in Northern California.



My War, My Life can be purchased at www.amazon.com

Friday, March 29th at 11:30 AM

450 Bryant St. (Lounge)

Free – RSVP at

shuang@avenidas.org or
(650) 289-5405

April Vistas: “Anatomy of an Acquisition” with Dick Smallwood

The very personal tale of one person living through the ups and downs of selling his company to a major accounting firm. Some relevant questions to be addressed:

- Why would a successful small management consulting firm sell itself to a large consulting firm?
- What roles do personalities play in the negotiations and after-sale business arrangements?
- How do the ethical standards of the two parties affect the outcome?
- How does the legal framework governing business agreements help or hinder the parties involved?
- Who are the winners and losers in an acquisition like this one?

Friday, April 26th at 11:30 AM

450 Bryant St. (Lounge)

Free – RSVP at shuang@avenidas.org or (650) 289-5405

Want to continue the conversation after a Vistas program? Join other Villagers at the Avenidas Firehouse Café!

Board Games at the Village with Paula Schwartz

Join Paula and Village friends for table games and snacks! Featured games will be knowledge-based brain teasers such as Trivial Pursuit, Where in the World, Mental Floss and more!

Thursday, April 4th 2-4 PM

450 Bryant Street (Multipurpose Room, 3rd Floor)

Free – RSVP at shuang@avenidas.org or (650) 289-5405

“The value of play is that we learn by embracing the experience, because it is the experience that's the benefit. In so much of our daily lives it's a fear of failure that limits our creativity—but that fear is not present when we play. Around the game table we allow ourselves to take chances and sometimes be loose and daring.” -Dr. Erwin Tan, AARP

Village Open House—Wine & Cheese Reception at the Village Office

Celebrate our return to Downtown Palo Alto and visit the new Village Office, located in the former “Garden Room.” **Bring a non-Village guest or friend to this open event to enjoy light refreshments and inaugurate our new indoor and outdoor space.**

Thursday, April 11th, 4-6 PM

Avenidas Village Office & Patio, 450 Bryant St.

Free – RSVP at shuang@avenidas.org or (650) 289-5405

January & February Vistas—Dr. John Boggs & Dr. Shelley Correll



Dr. John Boggs, Infectious Disease Specialist at PAMF, and Sociology Professor Dr. Shelley Correll were our guest speakers for January and February. Dr. Boggs presented on avoiding diseases while traveling internationally, and Dr. Correll spoke on issues of bias against women and older workers in the tech industry.

January & February Lunch Bunch: Mama Coco's Hosted by Katie Dunlap & Kayleen Miller, Chinese New Year Celebration at Chef Chu's Hosted by Ellen Gonella



Richard Johnsson, Nancy Teater, Tom Reese, Phil Ladenla, Dick Smallwood, Jerry Smallwood, Bob Aulger, Linda Williams, Kayleen Miller & Katie Dunlap



Dick Scott, Sophie Stallman, Avy Nielsen, Ginny Taylor, Chuck Sietloff, Kinga Perlaki, Cheryl Holt, Ellie & Bruce Heister

A happy group of 20 enjoyed authentic Mexican at Mama Coco in Menlo Park on January 23rd (above). For the special Chinese New Year feast at Chef Chu's, 40 Villagers joined host Ellen and had a wonderful time (below).



Villagers filled two tables upstairs and two downstairs at Chef Chu's! Mary Alice Ripley was the lucky raffle winner.

Welcome! Irene & Walter Cannon, Art & Helene Barnes

Walter Cannon and Irene Plattner Cannon arrived in Palo Alto from Boston and Switzerland in 1969. They raised 4 children here and now have 12 grandchildren. Both retired physicians, Walter a surgeon at PAMF and Irene a pediatrician at Stanford, their hobbies include flying gliders and antique airplanes (Walter rebuilds them), and skiing, hiking, reading and traveling to visit family in the US and Sweden. They plan to stay in their



Walter & Irene Cannon

home in Old Palo Alto as long as their health allows!

Art & Helene Barnes have lived in their Stanford home since they moved from Ohio more than 50 years ago. Art, a music professor, was also the Stanford band leader for over 35 years. Helene played and taught French Horn for many years. They travel each year to spend time with family in Booth Bay, Maine where they have a vacation home.

(No Photo Available)

Member Birthdays—March

Thomas Ehrlich	3/4	Arthur Bienenstock	3/20
John Page	3/9	Laurie T. Jarrett	3/20
Martin Packard	3/10	William VanderMarck	3/21
Joan Bialek	3/10	Jo Moore	3/23
Paul Gonella	3/13	Phyllis Snow	3/25
Robert Gee	3/15	Lesley Samuels	3/25
Sue Kemp	3/16	Arthur Barnes	3/26
Linda Dei Rossi	3/16	Ann Lieberman	3/26
Lee Kanner	3/18	Linda Plutynski	3/29
Judith Wasserman	3/19	Shirley Storke	3/30
Richard Johnsson	3/19		

In Memoriam

Ellen Uhrbrock
January 2019

"Be the change that
you wish to see in the
world."

-Mahatma Ghandi

Member Birthdays—April

Edith Moore	4/2	Helen McIntyre	4/13	Margaret Berger	4/22
Joseph (Joe) Berger	4/3	Barbara N. Bonini	4/13	Saul Wasserman	4/22
Helen Sykes	4/4	Margaret Yung	4/14	Carl Jacobson	4/24
Jerry Silverberg	4/5	Sophie Stallman	4/14	Ernest Vigdor	4/25
Mary Shaw	4/5	Barbara Klein	4/15	Joanne Koltnow	4/25
Charlotte Galina	4/7	Manny Wildmann	4/16	Jim Madison	4/27
Michael Hammond	4/8	Rudolph Dyck	4/17	Florence (Flo) Barr	4/29
Jane Glauz	4/9	Bill Corcoran	4/19	Curt Weil	4/29
Frederic Storke	4/9	Don Ryan	4/19	Trudi Clifton-Vizvary	4/29
Edward Rice	4/9	Irene Brown	4/19	Andree Camus-Roberts	4/30
Paul Vadopalas	4/11	Alice Kozar	4/19	Tom Slanger	4/30
Eleanor Heister	4/11	Lyman Van Slyke	4/20		
Frenchie Perry	4/11	Dawn Wilcox	4/21		

AVENIDAS OPEN HOUSE AT 450 BRYANT ST

Saturday, March 9th 9-11 AM Avenidas Members Only/12-2 PM General Public
Your first chance to tour the renovated Avenidas facility and learn about upcoming Avenidas classes, activities and new membership options! Avenidas members only from 9-11 AM, open to the public from 12-2 PM.

FREE—No RSVP Required

Lunch Bunch at Pacific Catch, The Village at San Antonio

Friday, March 15th at 11:45 AM 545 San Antonio Rd, Mountain View
Enjoy a delicious seafood lunch with Village friends! Parking in front or in the nearby garage. Order & pay individually.

\$25-30 per person – RSVP by 3/11 to Sabrina shuang@avenidas.org or (650) 289-5405

Expanding Choices Presents: “KARA Grief Support Services” (details on pg. 5)

Wednesday, March 20th at 2:00 PM Avenidas, 450 Bryant St
 (Wellness Classroom)

Free—RSVP to Sabrina at shuang@avenidas.org or (650) 289-5405

Cherry Blossom Time at Hakone Gardens

Thursday, March 21st at 10:45 AM 21000 Big Basin Way, Saratoga
Meet at Hakone Gardens for tour and Bento Box lunch!

\$37 per person includes Tour and Lunch – RSVP by 3/14 to Sabrina Huang shuang@avenidas.org or (650) 289-5405

VISTAS Lecture Series: “My War, My Life” with Villager Sophie Stallman (details on pg. 6)

Friday, March 29th at 11:30 AM Avenidas, 450 Bryant St (Lounge)

Free – RSVP at shuang@avenidas.org or (650) 289-5405

Village Special Interest Groups at Avenidas

Current Events—Meets the first Monday of each month at 2 PM

Contact: Dick Smallwood (650) 322-9417

Monday, March 4th at Cubberley A7 & Monday, April 1st at 450 Bryant St (Think Tank)

Readers Group—Meets the 2nd Thursday of each month at 2 PM. Read and discuss short stories.

Contact: Dick Smallwood (650) 322-9417

Thursday, March 14th & Thursday, April 11th 450 Bryant St (The Den)

Walking Group—Meets every Wednesday at 10 AM, various neighborhood locations. Walks adapted to walkers' abilities/needs.

Contact: Kayleen Miller (650) 325-3636

AVENIDAS VILLAGE

4000 Middlefield Rd, #1-2
Palo Alto, CA 94303
Phone: 650-289-5405

No Office
Closures
Scheduled for
March/April

Do you have a special interest? You can start a group too! It's a great way to connect with other Villagers to share activities you enjoy!

Call Sabrina Huang
(650) 289-5405 or
Dick Smallwood
(650) 322-9147 to
share your ideas!

**Let's Play Board Games! Hosted by Villager Paula Schwartz**

Thursday, April 4th at 2:00 PM

Avenidas, 450 Bryant St
(Multipurpose Room, 3rd Floor)

Join Paula for a fun afternoon of favorite board games and snacks! (details pg. 6)

Free—RSVP at shuang@avenidas.org or (650) 289-5405

For questions, contact Paula at mnco3@flash.net or (650) 493-1453

VILLAGE OPEN HOUSE AT BRYANT STREET- Bring a Friend!

Thursday, April 11th at 4:00 PM

Avenidas Village Office & Courtyard

Drop in to see the renovated Village space at 450 Bryant St and enjoy a Wine & Cheese reception! Guests are welcome so bring a friend or neighbor! (see pg. 6)

Free—RSVP at shuang@avenidas.org or (650) 289-5405

Spend the Day in Half Moon Bay—Ouroboros Aquaponics Farm Tour & Lunch

Tuesday, April 16th at 9:30 AM

Meet at Avenidas, 450 Bryant St

Group Tour with lunch at It's Italia Restaurant in downtown HMB (individual pay, \$25-\$30). Bus will leave Avenidas at 10:00 sharp! Learn more about the Farm at <https://www.ouroborosfarms.com>

\$70 per person includes Farm Tour & Bus Transportation

(10 person minimum)

RSVP with payment by 4/9 to Sabrina at shuang@avenidas.org or

(650) 289-5405

Lunch Bunch at La Boheme

Friday, April 19th at 11:45 AM

415 California Ave, Palo Alto

Casual and upbeat French restaurant! Park on the street or in the nearby garage.

Order and pay individually. \$25-30 per person—RSVP to Sabrina by 4/15

shuang@avenidas.org or (650) 289-5405

VISTAS Lecture Series: "Anatomy of an Acquisition" with Villager

Dick Smallwood (details on pg. 6)

Friday, April 26th at 11:30 AM

Avenidas, 450 Bryant St (Lounge)

Free—RSVP at shuang@avenidas.org or (650) 289-5405

Remember—If you need a ride to a Village event, we can help! Reach out via the Village Google Group email, contact your Cluster or call the Village office at 650.289.5405 and we will work with you to get you there!